

Arapahoe County Detention Center / Arapahoe Libraries

Community Resource Packet

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Resource List

Identification

The following places can assist you with getting identification, including vouchers.

- **Denver Urban Ministries (DenUM)**, 1717 E Colfax Ave, Denver, CO 80218 303-355-4696
 - Mon-Fri 9 am- 3 pm Weds & Sat 9 am-12 pm
- **Holy Ghost Church** 1900 California St., Denver, CO 80202 303-292-1556
 - Monday-Friday 9am-3:30 pm
- **Metro CareRing**, 1100 E 18th St, Denver, CO 80218 303-860-7200
- **St. Francis Center**, 2323 Curtis St, Denver, CO 80205 303-297-1576

Housing

Emergency Shelters

- **Mean Street Ministry**, 1380 Ammons St, Lakewood, CO 80214 303-232-2500
www.meanstreetministry.org
 - Call for information/hours/availability. Takes single moms and families.
- **Severe Weather Shelter Network**, P.O. Box 620546, Littleton, CO 80162 720-515-9313
www.swshelternetwork.com
 - Must register first. Call for information/hours/availability. Takes single men and women.
- **Denver Rescue Mission**, 1130 Park West Ave. West, Denver, CO 80205 303-294-0157
www.denverrescuemission.org
 - Open nightly year-round. Takes single men.
- **Samaritan House-Catholic Charities**, 2301 Lawrence Street, Denver, CO 80205 303-294-0241
www.samhousedenver.org
 - Arrive by 5:00 for Vouchers. Call for information/ hours/availability. Takes single men.
- **Comitis Crisis Center**, 2178 North Victor Street, Aurora, CO 80040 303-341-9160
 - Call for information/ hours/availability. Takes single men, women, single moms, and families.
- **Evergreen Christian Outreach**, 27640 Highway 74, Evergreen, CO 80437 303-670-1796
www.evergreenchristianoutreach.org
 - Call for information/ hours/availability. Day shelter.
- **Christ's Body Ministries**, 850 Lincoln Street, Denver, Co 80218 303-860-1272
www.christbody.org
 - Call for information/ hours/availability. Day shelter.
- **Senior Support Services**, 846 East 18th Ave, Denver, CO 80218 303-832-1622
www.seniorsupportservices.org
 - Call for availability. Mon-Fri 12 hrs/day Sun 5 hrs. Day shelter.
- **Volunteers of America/The Mission**, 2877 Lawrence Street, Denver, CO 80205 303-295-2165
www.voacolorado.org

- Day shelter. Mon-Thurs 9 am-6 pm. Fri 8 am-11 am. Sun 11 am-2 pm
- **Saint Francis Center**, 2323 Curtis Street, Denver, Co 80205 www.sfcdenver.org
 - Day shelter. Mon-Fri 6:10 am- 6:00 pm Sat-Sun 6:10 am-5:30 pm
- **Urban Peak**, 730 21st Street, Denver, CO 80206 303-974-2900 www.urbanpeak.org
 - Overnight shelter for youth ages 15-20
- **Sacred Heart House**, 2844 Lawrence Street, Denver, CO 80205 303-296-6686
www.sacredhearthouse.com
 - Shelter for mothers with children
- **Family Promise of Greater Denver**, 419 Lipan St, Denver, CO 80204 303-675-0713
www.familypromisegreaterdenver.org
 - Overnight and day shelter programs for families with children.

Transitional Housing

- **Colorado Coalition for the Homeless**, 2111 Champa Street, Denver, CO 80205 303-293-2217
- **Warren Village, Inc.**, 1323 Gilpin Street, Denver, CO 80218 303-321-2345
- **Colorado Veterans for Housing, Inc.**, 1732 High Street, Denver, CO 80218 303-322-6891
- **Rocky Mountain Hdc Inc**, 142 W 5th Ave, Denver, CO 80204 303-561-0226
- **Denver Rescue Mission Family Services**, 3501 East 46th Ave, Denver, CO 80216 303-297-1815
- **Catholic Charities and Community Services**, 4045 Pecos St, Denver, CO 80211 303-830-0215
- **Volunteers of America Colorado Branch**, 2660 Larimer Street, Denver, CO 80205 303-297-0408
- **Decatur Place Apartments, Mercy Housing**, 1155 Decatur St, Denver, CO 80204 303-893-2718
- **Family Homestead**, 999 Decatur Street, Denver, CO 80204 303-623-6514
 - Maximum of 6 months for families. Must be referred by case manager.
- **Ester House- Still Waters Transitional Housing**, 1530 Marion Street, Denver, CO 80218 303-830-2201
 - For women leaving the sex-trade industry, addictions, etc.
- **Crossroads Center, Salvation Army**, 1901 29th Street, Denver, CO 80216 303-295-3366
- **Charity's House Ministries, Community Outreach Service Center**, 3022 Welton Street, Denver, CO 80205 303-291-0275
 - Faith-based services for recently released ex-offenders (no sexual or violent offenses)
- **Armor Apartments- Mercy Housing**, 1999 Broadway, Suite 1000, Denver, CO 80202 303-830-3300
 - Single people who are chronically homeless. To apply, contact Coalition for the Homeless, Empowerment Program, Denver's Road Home, or Charge Resource Center
- **The Delores Project Transitional Shelter Program**, P.O. Box 1406, Denver, CO 80201 303-534-5411
 - Women and transgender people experiencing homelessness
- **Joshua Station-Mile High Ministries**, 2330 West Mulberry Place, Denver, CO 80204 720-377-1101
- **St. Joseph's Home for Veterans**, 4626 Pennsylvania Street, Denver, Co 80216 303-292-2591
- **Oxford House Evans Ave**, 2319 South Perry Street, Denver, CO 80219 303-248-3567
- **Oxford House Welby**, 8510 Rainbow Ave, Denver, CO 80229 720-479-8392

- **Sobriety House Inc**, 121 Acoma Street, Denver, CO 80223 303-722-5746
- **Sobriety House Inc Phoenix Concept**, 2162 Lawrence Street, Denver, CO 80205 720-381-4337
- **Sobriety House Inc Stepping Stone**, 1368 Elizabeth Street, Denver, CO 80206 303-722-5746
- **Oxford House Osceola**, 180 Osceola Street, Denver, CO 80219 303-284-9298
 - All-male, drug-free home
- **Oxford House Kalamath**, 4105 Kalamath Street, Denver, CO 80211 303-975-6059
 - Recovery house for men
- **ACTS Transitional Housing Denver**, 3405 Downing Street, Denver, CO 80205 303-477-0006
 - Must have source of income. Rates are \$270+/month
- **Catholic Worker House**, 2420 Welton Street, Denver, CO 80205 303-830-0215 303-830-0215
 - Housing for single and two-parent (married) families. Single women also accepted.
- **Colorado Homeless Families**, P.O. Box 40186, Denver, CO 80218 303-420-6634
 - Two-year housing program for single or two parent (married) families. No felonies. Must have income source or sponsor who will pay rent. Call for application.
- **Salvation Army Lambuth Center**, 2201 Stout Street, Denver, CO 80205 303-295-3366
 - Housing for single or two-parent (married) families. Must be looking for employment and participate in a savings account program.
- **Volunteers of America Family Housing Program**, 2660 Larimer Street, Denver, CO 80205 303-297-0408
- **Providence Network Transitional Housing for Women**, 801 Logan Street, Denver, CO 80203 303-860-8404
- **Akron House Sober Living**, 3175 S Akron Street, Denver, CO 80231 303-809-7777
 - Men age 21+ recovering from addiction
- **Sandstone Care**, 2100 South Cherry Street, Denver, CO 80222 720-307-3970
 - Sober living for men and women age 18-30.
- **Living for Hope Transitional Housing**, 18663 East 40th Place, Denver, CO 80249 720-206-5958
- **Open Door Ministries**, 1530 No Marion Street, Denver, CO 80218 303-830-2201
- **Denver Housing Authority**, 777 Grant Street, Denver, CO 80203 303-932-3000
- **The Crossing**, 6090 Smith Road, Denver, CO 80216 303-953-3919
www.denverrescuemission.org
- **Jefferson County Housing Authority**, 7490 West 45th Ave, Wheat Ridge, CO 80033 303-422-8600 www.jcha.org
- **Arvada Housing Solutions**, 80001 Ralston Road, Arvada, CO 80002 720-898-7494
www.arvada.org
- **Metro West Housing Solutions**, 575 Union Blvd, Suite 100, Lakewood, CO 80228 303-987-7580
www.mwhsolutions.org
- **The Delores Project**, P.O. Box 1406, Denver, CO 80201 303-534-5411
www.thedeloresproject.org
 - Short term shelter for women and transgender people. Call for information.
- **Irving Street Women's Residence**, 601 South Irving Street, Denver, CO 80219 303-934-9501
www.voacolorado.org
- **Chayah House**, 1530 No. Marion Street, Denver, CO 80218 303-830-2201
www.odmdenver.org/chayah-house

- Transitional housing for women
- **Samaritan House Women's Shelter**, 2301 Lawrence Street, Denver, CO 80205 303-294-0241
www.samhousedenver.org
 - Must be at Samaritan House by 6:00 pm to go to women's shelter
- **Providence House**, 801 Logan Street, Denver, CO 80203 303-860-8404 ext 22
www.providencenetwork.org
 - Transitional housing for single men and women
- **New Genesis**, 1680 Sherman Street, Denver, CO 80203 303-881-0952 www.newgenesis.org
 - Transitional housing for single men and women
- **Open Door Ministries-Lighthouse**, 1530 No. Marion Street, Denver, CO 80218 303-830-2201
www.odmdenver.org/ministries/housing/lighthouse
 - Transitional housing for men
- **Open Door Ministries Cornerstone**, 1530 No. Marion Street, Denver, CO 80218 303-830-2201
www.odmdenver.org/ministries/housing/cornerstone
 - Long term housing assistance for disabled men
- **Joy House**, 801 Logan Street, Denver, CO 80203 303-860-8404 ext 31
www.providencenetwork.org
 - Transitional housing for women and children coming out of domestic violence.
- **Treasure House**, 1530 No. Marion Street, Denver, CO 80218 303-830-2201
www.odmdenver.org/trasure-house
 - Transitional housing for women with children under 4 years old.
- **ACCESS Housing**, 6978 Colorado Blvd, Commerce City, CO 80022 303-289-7078
www.acchouse.org
 - Short term housing for families, up to 60 days. Low-income permanent housing.
- **Almost Home**, 231 North main Street, Brighton, CO 80601 303-659-6199 303-659-6199
www.almosthomeonline.org
 - Short term housing for families with children, up to 45 days. Low-income permanent housing. Support services.
- **Growing Home**, 3489 west 72nd Ave, Suite 112, Westminster, CO 80030 720-407-1965
www.growinghome.org
 - 90 day housing for families with children.
- **Warren Village**, 1323 Gilpin Street, Denver, CO 80218 303-321-2345 www.warrenvillage.org
 - Transitional housing for mothers with children
- **Champa House**, 2544 Champa Street, Denver, CO 80205 303-294-9961
www.denverrescuemission.org
 - Shelter and services for single mothers.

Domestic Violence Shelters

- **Gateway Battered Women's Services**, P.O. Box 914, Aurora, CO 80040 303-343-1856 Crisis Hotline 303-343-1851 www.gateway2.org
 - Emergency housing for victims of domestic violence.

- **Safehouse Denver**, 835 North Street, Boulder, CO 80304 303-449-8623 303-449-8623 Crisis Hotline 303-444-2424 www.safehousealliance.org
- **Arising Hope**, P.O. Box 1114, Eastlake, CO 80614 303-280-3180 www.arisinghope.org
 - Emergency housing for victims of domestic violence.
- **The Crisis Center**, P.O. Box 367, Castle Rock, CO 80104 303-688-1094 Crisis Hotline 303-688-8484
 - Emergency housing for victims of domestic violence.

Subsidized Housing without going through Housing Authority

- **Allen Gardens**, 3030 Richard Allen Ct. Denver, CO 80205 303-1377
 - Seniors 62+ with Section 8
- **Archdiocesan Housing-Catholic Charities**, 1544 Pearl Street, Denver, CO 80203 303-830-0215
 - Seniors 62+ with disabilities
- **Argonaut Apartments**, 1505 Grant Street, Denver, CO 80203 303-861-1876
 - Ages 55+ or people with disabilities
- **Asbury Park**, 10591 East Asbury Ave, Aurora, CO 80014 303-969-8725
- **Aurora Village**, Section 8, 15972 East 13th Place, Aurora, Co 80011 303-442-6380
- **Benedict Park Place**, Section 8, 305 Park Avenue West, Denver Co 80205 303-297-1019
- **Brighton Village Apartments**, 199 West Southern Street, Brighton CO 80601 720-685-9977
 - Ages 55+
- **Brothers Redevelopment**, 2250 Eaton Street, Edgewater, CO 80214 303-202-6340
 - Low-income, elderly, and disabled
- **California Park East**, 2270 California Street, Denver, CO 80205 303-298-8529
 - Ages 62+
- **Capitol Hill**, 701 East 14th Ave, Denver, CO 80203 303-861-4247
 - Seniors and Section 8 only
- **Clare Gardens**, 2626 Osceola Street, Denver, CO 80212 303-433-6268
- **Clyburn at Stapleton**, 7401 East 26th Ave, Denver, CO 80238 303-929-1521
 - Seniors with low-income and voucher
- **Colburn Hotel & Apartments**, 980 Grant Street, Denver, CO 80203 303-837-1261
- **Towers Columbine**, 1750 South Federal Blvd., Denver, CO 80219 303-934-8797
 - Must have documented disability or be over 62 years-old
- **City Park Plaza**, 1401 Josephine Street, Denver, CO 80206 303-333-9357
 - Seniors only + Section 8
- **Corona Residence**, 1445 Corona Street, Denver, CO 80218 303-832-1302
 - Seniors only
- **Courthouse Square**, 901 West 14th Ave, Denver, CO 80204 303-825-1104
 - Seniors and people with disabilities
- **Creekside Place**, 9189 Gale Blvd, Thornton, CO 80260 303-428-9986
 - Families, tax credit assistance
- **Dawson Square**, 8670 Dawson Street, Thornton, CO 80241 303-288-4580
 - Low-income with voucher

- **Denver Northeast**, 3501 High Street, Denver, CO 80205 303-295-1980
 - Senior Section 8 and tax credit
- **Golden Spike**, 3000 West Yale, Denver, CO 80219 303-922-6606
 - Seniors 62+ or people with disabilities
- **Halcyon House**, 1955 Arapahoe Street, Denver, CO 80202 303-296-1780
 - People with disabilities, Section 8
- **Hellios Station**, Section 8, 550 North 111th Street, Lafayette, CO 80026 303-666-4348
- **Higgins Plaza**, 1380 Detroit Street, Denver, CO 80206 303-320-4490
 - Mobility impaired or seniors only
- **Highlands South**, 6360 West 38th Ave, Wheat Ridge, CO 80033 303-425-0197
 - 62+ or people with disabilities
- **Hilltop**, 1750 Franklin Street, Denver, CO 80218 303-863-9209
- **Holly Park**, 5520 East 60th Ave, Commerce City, CO 80022 303-287-9087
- **Kavod Senior Life**, 22 South Adams Street, Denver, CO 80209 303-399-1146
- **Liggins Tower**, 5150 East 34th, Denver, CO 80207 303-321-3891
 - 62+ and Section 8
- **Metro Manor**, 1523 Quitman Street, Denver, CO 80204 303-572-7716
 - Assited living for ages 62+
- **Montview Heights**, 14389 East Montview Blvd, Aurora, CO 80011 303-341-6949
 - Families only
- **Pinewood Lodge**, 200 South Ironton Street, Aurora, CO 80012 303-343-1448
 - Seniors with low-income and voucher
- **Renaissance 88 Apartments**, Public Housing, 288 East 88th Ave, Thornton, CO 80229
- **Sheridan Gardens**, 4300 South Lowell Blvd, Englewood, CO 80110 303-797-0242
- **Sheridan Glen**, 5350 West 52nd Ave, Denver, CO 80212 303-202-6340
 - 62+ or people with disabilities
- **City Apartments**, 1825 Arapahoe Street, Denver, Co 80202 303-295-0292
 - Seniors age 62+
- **Squire Village**, 11180 Grant Drive, Northglenn, CO 80233 303-451-5736
 - Seniors 55+ and people with disabilities only
- **Sunset Tower**, 1865 Larimer Street, Denver, CO 80202 303-295-1874
 - Age 62+ or mobility impaired, Section 202 tax credit
- **Towers at Speer Apartments**, 1255 Galapago Street, Denver, CO 80204 303-592-7272
 - People with disabilities only
- **Urban Property Management**, 5600 South Quebec Street #200-B, Greenwood Village, CO 80111
 - 30 locations, call for more information
- **Village Carmen**, 13141 East 13th Place, Aurora, CO 80011 303-366-8483
- **Waterview on the Parkway**, 1620 Coronado Parkway, Thornton, CO 80229 303-289-5428
- **Weatherstone**, 15594 East 12th Ave, Aurora, CO 80011 303-366-7874
- **Westminster Commons**, 3180 West 76th Ave, Westminster, CO 80030 303-428-2786
 - Ages 62+ or people with disabilities
- **William Tell**, 1599 North Williams Street, Denver, CO 80218 303-321-8250
 - Low-income, senior, and people with disabilities

- **Windrift**, 1490 South Reed Street, Lakewood, CO 80232
 - Low-income with voucher
- **Wise Harris**, 605 26th Street, Denver, CO 80205 303-296-7530
 - People with disabilities only

Felon Friendly Housing

- **1st Ave Apartments**, 2289 South Xanadu Way, Aurora, CO 80014 720-251-2100
 - Voucher needed. Felonies must be over 7 years old
- **Argonaut**, 1505 Grant Street, Denver, Co 80203 303-861-1876
 - People with disabilities only
- **California Park East**, 2270 California Street, Denver, CO 80205 303-298-8529
 - Seniors 62+, Felonies must be over 5 years old
- **Civic Center Apartments**, 25 East 16th Ave, Denver, CO 80202 303-764-2100
 - Felonies must be over 1 year old. No sex offenders.
- **Coleman Manor**, 2261 Humboldt Street, Denver, CO 80205 303-861-8150
 - Felonies must be over 7 years old
- **Colburn Hotel & Apartments**, 9880 Grant Street, Denver, CO 80203 303-837-1261
- **Forum**, 250 West 14th Ave, Denver, CO 80204 303-573-0751
 - Single, homeless adults
- **Franklin Park**, 1530 Franklin Street, Denver, Co 80218 303-832-4859 303-832-1028
 - Seniors, disabled, or section 8. No violent charges.
- **Golden Nugget**, 291 West Belleview Ave, Englewood, CO 80110 303-781-4253
- **Highland South**, 6360 West 38th Ave, Wheat Ridge, CO 80033 303-425-0197 303-429-9401
 - Ages 62+ or people with disabilities with low income
- **Holly Park**, 5520 East 60th Ave, Commerce City, CO 80022 303-287-9087
 - Low-income families. Drug related felonies must be over 3 years old.
- **Marcella Manor**, 6555 Schneider Way, Arvada, CO 80004 303-425-5086
- **Mercy Housing**, 930 Downing Street, Denver, CO 80218 303-832-5567 303-830-3300
 - Ages 62+ or People with disabilities only. Felonies must be over 3 years old.
- **Olin Hotel**, 1420 Logan Street, Denver, CO 80218 303-861-8052
 - People with disabilities only
- **Orchard Crossing**, 4183 West 72nd Ave, Westminster, CO 80030
- **Parkview Village**, 5383 Carr Street, Arvada, CO 80022 303-421-6869
 - Section 8 and low-income with voucher. Felonies must be over 10 years old.
- **Pencol Apartments**, 1476 Pennsylvania Street, Denver, CO 80203 303-839-1034
- **Renaissance Off Broadway Lofts**, 2135 Stout Street, Denver, Co 80205 303-298-8148
- **SonRise Properties**, (Mailing only) 300 East Miller Ct. #478 Castle Rock, CO 80104 720-334-2949
- **Summersong Townhomes**, 10024 East Evans Ave, Aurora, CO 80247 303-696-0698
 - 2 or more people
- **Tiara Apartments**, 12000 East 16th Ave, Aurora, CO 80010 303-364-3304
 - Ages 62+ or mobility impaired
- **Vernon Park**, 235 South 27th Ave, Brighton, CO 80601 303-659-6764

- Ages 62+ or people with disabilities
- **Whitter Affordable Apartments**, 1414 East 31st Ave, Denver, Co 80205 303-395-1980
 - Felonies must be over 10 years old

Food Banks

Many food banks require photo ID and proof of residence. Call in advance to confirm requirements and hours.

- **Food Bank Of The Rockies**, 10700 E. 45th Ave, Denver, CO 80239 303-371-9250
- **Franciscan Friends of the Poor**, 707 Lipan Street, Denver, CO 80204 303-607-0855
- **Globeville Community Resource Center**, 4400 Lincoln St, Denver, CO 80216 303-295-0171
- **Denver Rescue Mission**, 3501 E. 46th Ave, Denver, CO 80216 303-292-9229
- **Macedonia Baptist Church**, 3240 Adams Street, Denver, CO 80205 303-377-8821
- **Our Lady of Grace St. Vincent De Paul**, 2645 E. 48th Ave, Denver, CO 80216 303-297-3440
- **Adventists Community Services**, 5045 W. 1st Ave, Denver, CO 80219 303-935-7386
- **Avondale Lutheran Church (Inglesia Lutherana Familia de Cristo)**, 1500 Irving St., Denver, CO 80204 303-534-4478
- **Berkeley Baptist Church**, 4054 West 44th Ave, Denver, CO 80212 303-0477-3002
- **Broadway Assistance Center**, 605 West 6th Ave, Denver, CO 80204 303-893-4108
- **Catholic Charities**, 4045 Pecos Street, Denver, CO 80211 303-742-0828
- **DICP Food Bank**, 2830 S. Zuni St., Englewood, CO 80110, 720-881-7520
Monday & Friday from 9am to 1pm
- **Ellen Torrez Bienvenidos Food Bank**, 2224 W. 32nd Ave., Denver, CO 80211 303-433-6328
Food: Thur: 11 a.m. – noon; 4 – 6 p.m.
- **Interfaith Hospitality Network**, 419 Lipan Street, Denver, CO 80205 303-675-0713
- **His Love Church**, 910 Kalamath Street, Denver, CO 80204 303-892-1039
- **Neighborhood House Church of God**, 4338 Lipan Street, Denver, CO 80211 303-455-7159
- **New Life in Christ**, 2450 Clay Street, Denver, CO 80211 303-455-7901
- **North Presbyterian Church**, 3025 W. 37th Ave, Denver, CO 80211 303-433-7131
Food: Wednesday from 3:00 pm to 6:00 pm
- **Northwest Family Assistance Center**, 2224 W. 32nd Ave, Denver, CO 80211 303-433-6328
Food: Thursdays 11A-12P & 4P-5:30P
- **Salt Shaker Ministries**, 76 S. Grove St, Denver, CO 80219 303-934-6735
Food: Mon, Wed, Fri: 10 a.m. – 2 p.m.
- **Servicios De La Raza**, 4055 Tejon St, Denver, CO 80211 303-458-5851 303-477-3817 303-458-5851
Food: Mon – Fri: 8 a.m. – 5 p.m (Call to confirm) – Web
- **St. Mary Magdalene – (St Vincent De Paul Society)**, 2771 Zenobia St, Denver, CO 80212 303-455-1968 303-477-4533
Food: M – F: 9 AM until 1 PM
- **Sun Valley Church**, 1230 Decatur Street, Denver, CO 80204 303-825-0121
Food: Thursday food distribution begins at 11:30 a.m.
- **Acts Food Bank**, 3405 Downing Street, Denver, CO 80205
- **Agape Christian Church**, 2501 California Street, Denver, CO 80205 303-830-8926 303-296-2454

- **Ambassadors for Christ**, 3052 Stout Street, Denver, CO 80205 303-393-0775
- **American Red Cross (Mile High Chapter Headquarters)**, 444 Sherman Street, Denver, CO 80203 303-722-7474
Food: ELIGIBILITY: residents of Arapahoe, Boulder, Denver and Jefferson counties – Other Services: C/F/SA/T/
- **Anchor of Hope**, 2101 High Street, Denver, CO 80205 303-861-4597
- **Annunciation Twin Parishes – St. Vincent De Paul**, 3663 Humboldt Street, Denver, CO 80205 303-294-0684
Food: Tue – Thur 10 a.m. – noon; 1 p.m. – 3 p.m.
- **Campbell Chapel A.M.E.**, 1500 East 22nd Ave, Denver, CO 80205 303-839-5058
- **Capitol Heights Presbyterian Church**, 1100 Fillmore St, Denver, CO 80206 303-333-9366
Food: Saturday Noon
- **Cathedral Catholic Church**, 1530 Logan Street, Denver, CO 80203 303-831-7010
- **Catholic Charities & Community Services – Central Referral**, 2525 W. Alameda Ave, Denver, CO 80219 303-742-0828
- **Catholic Charities Samaritan House Outreach**, 2100 Broadway Street, Denver, CO 80205 303-294-0241
Food: M – F 8 a.m. – 4:30 p.m.
- **Catholic Charities Samaritan House Shelter**, 2301 Lawrence St, Denver, CO 80205 303-297-1760
- **Catholic Worker House**, 2420 Welton Street, Denver, CO 80205 303-296-6390
- **Christ's Body Ministries**, 850 Lincoln Street, Denver, CO 80203 303-860-1272
- **Church in the City**, 1580 Gaylord Street, Denver, CO 80206 303-322-5733
- **Church of the Holy Ghost**, 1900 California St, Denver, CO 80202 303-297-3441
Food: M – F 8:30 a.m. – 4 p.m. – Soup Kitchen Sat 10 a.m. – 10:30 a.m.
- **Colorado Aids Project**, 701 E. Colfax Av, Denver, CO 80203 303-837-0166 or 303-837-1501
- **Commodity Supplemental Food Program**, 80 S. Santa Fe, Denver, CO 80223 303-436-2806
Food: Mon – Sat: 8 a.m. – 4 p.m.
- **Curtis Park Community Center**, 2862 Champa Street, Denver, CO 80205 303-295-2399
- **Denver Urban Ministries**, 1717 E. Colfax Ave, Denver, CO 80218 303-355-4896
 - Food Bags – Etc. Food M, T, Th 9 a.m. – 3 p.m.; W & Sat 9 a.m. – noon
- **Denver Inner City Parish**, 1212 Mariposa St., Denver, CO 80204
Food: Monday thru Friday 9 AM until 1 PM
- **Denver Rescue Mission**, 1130 Park Ave. West (23rd & Broadway/Lawrence), Denver, CO 80205 303-297-1815
Food: Mon – Fri: 8:15 a.m. – 10:15 a.m. & 12:45 p.m – 3 p.m. clients may receive a food box once a month.
- **Epworth United Methodist**, 3401 High Street, Denver, CO 80205 303-295-2468
- **Family Resource Center of Zion Baptist Church**, 2368 Emerson St, Denver, CO 80205 303-333-2780
- **Father Woody's**, 1101 7th Ave, Denver, CO 80204
- **Gathering Place**, 1535 High St., Denver, CO 80218 303-321-4198
- **GrantReach**, 1600 Grant Street, Denver, CO 80203
- **Hare Kirshna Temple**, 1400 Cherry Street, Denver, CO 80220 303-333-5461
- **Here's Love**, 6826 East 23rd Avenue, Denver, CO 80207 303-393-0528
- **His Hands University Hills Baptist Church**, 2750 Clermont Drive, Denver, CO 80222
- **Holy Spirit Center**, 416 22nd Street, Denver, CO 80205 303-296-1740

- **House of Joy**, 3082 Leyden Street, Denver, CO 80207 303-388-9060
- **Human Services/Spirit Program**, 1245 E. Colfax Ave # 408, Denver, CO 80218 303-832-8194
Food: Mon – Fri: 8:30 a.m. – Call First
- **Jordan Church**, 2900 Milwaukee St., Denver, CO 80205
- **Macedonia Baptist Church**, 3240 Adams Street, Denver, CO 80205 303-377-8821
- **Made Free Ministries**, 2201 Ogden Street, Denver, CO 80205, 303-377-7955
- **Metro Care Ring**, 1100 E. 18th Ave, Denver, CO 80218 303-860-7200
Food: M – F: 9/9:30 a.m. – 3 p.m. (closed 2nd Wed.); Tues: 6 – 8 p.m.
- **Metropolitan Community Church**, 980 Clarkson Street, Denver, CO 80218
303-860-1819
- **Mother of God**, 475 Logan Street, Denver, CO 80203
- **Mount Calvary Church of God**, 3356 High Street, Denver, CO 80205 303-861-0915
- **Northeast Women’s Center**, 4128 E. 38th Ave, Denver, CO 80205 303-355-3486
- **Odom Memorial Church**, 3301 Williams St, Denver, CO 80205
- **Old Mother Hubbard’s Cupboard**, 854 Pearl St., Denver, CO 80203
Food: Sun 4:30 p.m. to 5:15 p.m.
- **Open Door Ministries**, 1530 Marion Street, Denver, CO 80218
303-830-2201
- **People’s Presbyterian Church**, 2780 York St., Denver, CO 80205
- **Sacred Heart Catholic Parish**, 2760 Larimer St., Denver, CO 80205
303-294-9830
- **Salvation Army**, 2201 Stout Street, Denver, CO 80205 303-295-3366
Food: Mon – Fri 8:30 am 4:30 pm
- **Scott United Methodist Church**, 2880 Garfield St., Denver, CO 80205 303-322-8967
- **Senior Support Services**, 1576 Sherman St, # 220, Denver, CO 80203
and 846 E. 18th Ave. Denver, CO 80218 303-832-1622
Food: Mon – Fri 11 am to 4 pm; Sun 11 a.m. – 4 p.m.
- **Sharing & Caring Ministries**, 3739 Downing Street, Denver, CO 80205 303-295-3301
- **St. Elizabeth Church**, 1060 St. Francis Way, Denver, CO 80204 303-534-4014
- **Trinity Church**, 1820 Broadway, Denver, CO 80202 303-839-1493
- **Twin Parishes**, 3663 Humboldt Street, Denver, CO 80205 303-294-0684
- **Visiting Nurse Association**, 390 Grant Street, Denver, CO 80203 303-698-6404
- **Volunteers of America**, 2877 Lawrence St., Denver, CO 80205 303-295-2165
- **Zion Baptist Church**, 933 E. 24th Ave, Denver, CO 80205 303-861-4637
- **Broomfield Fish**, 2210 West 10th Ave, Broomfield, CO 80020 303-465-1600
- **Catholic Charities NE Emergency Assistance Center**, 7280 Irving St. #106A, Westminster, CO 80030
303-427-6256
Food: Mon, Wed, Fri: 9 a.m. – 3:30 p.m.
- **Community of Faith United**, 10620 Washington Street, Northglenn, CO 80223 303-452-2727
- **Crossroads Church**, 6900 W. 117th Ave, Broomfield, CO 80020 303-466-2115
Food: Tues/Weds 10 AM until 2 PM – Thurs 5:15 PM until 7 PM
- **Good Shepherd Presbyterian Food Pantry**, 10785 Melody Drive, Northglenn, CO 80234 303-452-5478
- **Immaculate Heart of Mary Food Bank**, 11385 Grant Drive, Northglenn, CO 80223 303-452-2041

- **Inter Church Arms**, 7912 Oberon Rd Arvada, CO 80004
or 5300 Salisbury Ct Arvada, CO 80002 303-424-6285
Food: Call for information
- **Northglenn Christian Church**, 1800 East 105th Place, Northglenn, CO 80233 303-452-3787
- **Senior Hub**, 2360 W. 90th Ave, Federal Heights, CO 303-426-4408
- **St. Vincent De Paul Society St. Joan of Arc Catholic Church**, 12705 W. 58th Ave, Arvada, CO 80002
303-420-1232
- **Thornton Community Food Bank**, 8970 Hoyt Dr, Thornton , CO 80229 303-287-7268
Food: Mon, Wed, Fri: or Wed – Fri: 1 p.m. – 3 p.m.
Eligibility: Residents east of I-25 to Riverdale, and south of 104th to 58th
- **Thornton Presbyterian Church**, 9200 Hoffman Way, Thornton, CO 80229 303-287-6450
- **Bridges of Silence**, 5770 Niagara St Unit B, Commerce City, CO 80022 303-289-2993
- **Church of Christ**, 6800 E. 72nd Ave, Commerce City, CO 80022 303-287-3927
- **Compa Food Ministries**, 4120 Brighton Boulevard, Denver, CO 80216 303-294-0272
- **Fish of Westminster**, 6800 Mariposa Street, Denver, CO 80221 303-650-5414
- **Front Range Seniors at Valley Vista Methodist Church**, 1200 El Paso Blvd, Denver, CO 80221 303-287-6789
Food: Thur: 9 a.m. until food is gone
- **Growing Home**, 3489 West 72nd Ave #112, Westminster, CO 80030 303-426-0430
3-day emergency food boxes available for those who qualify
Food Bank open every morning – 7 days a week
- **Holy Trinity Catholic Church**, 7595 Federal Blvd, Westminster, CO 80030 303-428-3594
- **Lakewood Care Ministry – Mile High Church**, 9821 North Huron Street, Northglenn, CO 80221 303-451-8766
- **Presbyterian Church Westminster**, 74th & Bradburn Blvd, Westminster, CO 80030 303-429-8508
- **Salvation Army Food Bank**, 2829 W. 65th Pl, Denver, CO 80221 303-428-6430
Food: Tue – Thur 1 – 3 p.m
- **Share Colorado Catholic Charities**, 9360 Federal Blvd, Denver, CO 80260 720-974-1579
Food Bank: Monday – Wednesday and Friday – 9 AM until 3 PM -
- **St Mark’s Thornton Food Bank**, 3141 W. 96th Ave, Thornton, CO 80031 303-287-7268
Food: Mon, Wed, Fri: 1 – 3 p.m. – Web – Call First
- **FBR Mobile Pantry – Adams County/Pioneer Village**, 2901 W. 63rd Ave, Denver, CO 80221
303.650.4652
Hours 1st and 3rd Wednesdays of every month starting at 3:00-5:00pm (or until the food is gone)
- **Iglesia Del Nazareno Westminster**, 3501 W. 104th Ave, Westminster, CO 80031 303.867.9905
- **United Methodist Church Westminster**, 3585 W. 76th Ave, Westminster, CO 80030 303-429-1569
Food: Mon, Wed, Fri: 12:30 p.m. – 4 p.m. – Photo ID required
- **Valley Lutheran Church**, 7375 Samuel Drive, Denver, CO 80221 303-428-1228
- **Adams County Food Distribution Program**, 7111 East 56th Ave, Commerce City, CO 80022, 303-286-4189 or 303-286-4193
Food Distribution: 8:30 AM – 1:30 PM – Tuesday thru Friday for TEFAP Food Commodities &
- **Brighton Food Pantry**, 178 S. Main Street, Brighton, CO 80601
TUE/TH 9 AM until 3 PM – Tues 5-7 PM

- **Catholic Charities Brighton Emergency Assistance Center**, 168 S. 6th Ave, Brighton, CO 80601 303-654-1040
Food: Tuesday and Thursday – 9 AM until 3 PM
- **Catholic Charities Northeast Emergency Center**, 6621 E. 72nd Ave, Commerce City, CO 80022 303-287-1127
Food: Monday – Wednesday – Friday – 9 AM until 3 PM
- **Falcon Center**, 351 Cedar Ave, Brighton, CO 303-659-5736
Food: Mon – Sat: 10 a.m. – 5 a.m.
- **Lord's Pantry**, 21055 E. 112th Ave, Commerce City, CO 80022 303-654-1280
Food: Call for information
- **Northglenn Christian Church**, 1800 E. 105th Pl., Northglenn, CO 80233 303-452-3787
Food: Tuesday and Thursday 10 AM until 12 Noon
- **Our Lady, Mother of the Church**, 6690 E. 72nd Ave, Commerce City, CO 80022 303-289-6489
Food: Tue, Thur: 10 a.m. – 12 p.m., 1 p.m. – 3:30 p.m.
- **AGIF, Veteran's Outreach**, 700 Knox Ct, Denver, CO 80204 303-893-3745
Food: Mon – Fri: 8:00 a.m. to 4:30 p.m.
- **Association for Senior Citizens**, 3535 W. 38th Avenue, Denver, CO 80211
2839 W. 44th Ave, Denver, CO 80211 303-455-9642
Food: Food bank every Wed from 12-2.
- **Beloved Ragmuffin**, 1520 Routt Street, Lakewood, CO 80215 303-237-0443
- **Berkeley Baptist Church**, 4050 W. 44th Ave, Denver, CO 80212 303-477-3002
Food: Thursday from noon – 1 p.m.
- **Carpenter's Cupboard**, 9170 W. 44th Ave, Wheat Ridge, CO 80033 303-431-8295
- **Christian Action Guild**, 1401 Ford St, Golden, CO 80401 303-279-5674
- **Denver Adventist Community Services**, 5045 West 1st Avenue, Denver, CO 80219 303-935-7399
- **Family of Christ Lutheran Church**, 1500 Irving St, Denver, CO 80204 303-534-4478
Food: Sun: 10:15 – 11:15
- **Helping Hands Food Bank**, 3785 Marshall Street, Wheat Ridge, CO 80033 303-425-9173
- **Jeffco Action Center**, 8755 W. 14th Ave, Lakewood, CO 303-237-7704
Food: Call for information and qualifications
- **Lakewood Bible**, 9785 West 9th Ave, Lakewood, CO 80215 303-237-7332
- **Lakewood New Life**, 5250 West 1st Ave, Lakewood, CO 80226 303-233-0623
- **Life and Light Community Church**, 220 S. Yarrow Street, Lakewood, CO 80226 303-233-3430
- **Metro Food Bank**, 1001 Perry Street, Denver, CO 80204 303-238-80204
Food: Mon – Wed – Fri – 11 a.m. – 2 p.m.
- **Peter and Mary Church**, 126 West First Ave, Denver, CO 80223
- **Presentation Church St Vincent DePaul**, 34 S. Newton Street, Denver, CO 80219 303-936-5934
- **Redistribution Center**, 12681 West 49th Ave, Wheat Ridge, CO 80033 303-263-9919
- **Senior's Resource Center**, 3227 Chase St, Wheat Ridge, CO 80212 303-238-8151
- **Belmar Baptist Church**, 480 S. Kipling Street, Lakewood, CO 80226 303-986-5500
- **Care Unlimited**, 335 South Meade Ave, Denver, CO 80219 303-922-8772
- **Denver Indian Center**, 4407 Morrison Road, Denver, CO 80219 303-936-2688
Food: Tuesdays and Thursdays – 2 until 5 PM
- **Green Mountain Christian**, 10700 West Exposition Dr, Lakewood, CO 80226 303-985-0754
- **Labor's Community Agency**, 7510 West Mississippi Ave, Lakewood, CO 80226 303-744-6169

- **Light of the World Catholic Church Littleton**, 10316 W. Bowles Ave, Littleton, CO 80127 303-973-1068
- **New Hope Church**, 875 South Sheridan Blvd, Lakewood, CO 80226 303-935-7745
- **All Saints Church**, 2559 S. Federal Blvd, Denver, CO 80219 303-288-2442
Food: M – F 8:30 a.m. – 4:30 p.m.
- **All Souls Catholic Church**, 4950 S. Logan St, Englewood, CO 80113 303-789-0007
Food Located at 5000 E. Grand Ave – 9 AM until Noon Tuesdays and Thursdays
- **Arapahoe County Dept of Human Services**, 2009 W Littleton Blvd, Littleton, CO 80120 303-795-4850
Food: Call for information on location – Mon – Fri: 8 a.m. – 4:30 p.m.
- **Bread Basket**, 5397 S. Fox St, Littleton, CO 80120 303-797-2047
Food: Wed 8 a.m. – noon
- **Broadway Assistance Center**, 120 S. Broadway, Denver, CO 80223 303-722-8959
- **Cathedral Catholic Charities SW Assistance**, 902 S. Sheridan Ave, Denver, CO 80219 303-922-5205
Food: Mon, Wed, Fri: 9 am – 3:30 p.m.
- **Cherry Hills Community Church**, 3900 Grace Blvd, Highlands Ranch, CO 80126 303-791-4500 ext 339
- **Christian Indian Center**, 501 South Pearl Street, Denver, CO 80209 303-733-3696
- **Community Ministry**, 1755 S. Zuni, Denver, CO 80223
Food: Monday – Wednesday and Thursday 10 AM until 12 PM – and Tuesday 2 PM until 5 PM
- **Crossroads of the Rockies**, 4201 W. Kentucky Ave, Denver, CO 80219 303-922-8772
- **Denver First Assembly of God**, 3105 West Florida Ave, Denver, CO 80219 303-934-2168
- **Jewish Family Services of Colorado**, 1355 S. Colorado Blvd # 400, Denver, CO 80222 303-759-5199
- **Metropolitan Resource Center**, 4335 W. Florida Ave, Denver, CO 80219 303-937-3789
Food: Mon – Fri: 9 a.m. – noon
- **Mission Hills Home & Health Ministries**, 5859 S. University Blvd, Greenwood Village, CO 80121 303-794-3564
Food: Tues: 9:30 a.m. – noon, 1 p.m. – 4 p.m.
- **Pathways Church**, 1596 Pearl Street, Denver, CO 80203 303-761-9464
- **Power Invasion Ministries**, 455 S. Platte River Dr, Denver, CO 80223 303-455-5622
Food: Wednesdays 5 PM until 7 PM
- **Praise Center Church**, 3105 West Florida Ave, Denver, CO 80219 303-922-1131
- **Salvation Army Citadel Program**, 4505 W. Alameda Ave, Denver, CO 80219 303-922-4549
Food: M – F 9 a.m. – 5 p.m.
- **Senior High Rise Food Bank**, 2511 S. Decatur Street, Denver, CO 80219 720-366-8315
- **St. Anthony Padua Church**, 3801 W. Ohio Ave, Denver, CO 80219 303-935-2431
Food: Tues – Fri 10 am – 1:30 pm (Call to Confirm)
- **St. James Presbyterian Church**, 3601 W. Belleview Ave, Littleton, CO 80123 303-794-6851
Food: M – F: 8:30 a.m. – 3:30 p.m.
- **St James Urban Church**, 1402 Pearl Street, Denver, CO 80203 303-830-1508
- **SW Improvement Council**, 1000 S Lowell St, Denver, CO 80219 303-934-0923
Food: Fridays – 10:30 AM until 2 PM – Food Boxes \$2 donation – One box limit
- **University Church of Christ**, 2000 S. Milwaukee Street, Denver, CO 80210 303-758-8280
- **Church of the Risen Christ – St. Vincent de Paul Society**, 3060 South Monaco Parkway, Denver, CO 80224 303-785-8826
- **Colorado Christian Fellowship**, 10682 E. Iloff Ave, Aurora, CO 80014 303-368-7105
- **Family Resources & Literacy Center**, 305 South Newport Way, Denver, CO 80224 303-333-2780

- **Fish of East Denver**, 2333 S. Olive St, Denver, CO 80224
or 400 S. Williams St, Denver, CO 80209 303-234-5283 or 303-620-6074
Food: Mon, Wed, Fri: 8 a.m. – noon
- **Heritage Christian Center**, 9495 E. Florida Ave, Aurora, CO 80012 303-369-8514
- **Hoffman Heights Baptist Church**, 14100 E. Jewell Ave. # 28 Aurora, CO 80012
- **Human Services Inc**, 6795 E. Tennessee Ave, Denver, CO 80224 303-321-6363
- **Jewish Family Service**, 3201 S. Tamarac Dr. Denver, CO 80231 303-597-5000
Food: Mon – Thur: 8:15 a.m. – 4:45 p.m.; Fri: 8:15 a.m. – 4:30 p.m.
- **Littleton Church of Christ**, 6495 S. Colorado Blvd, Littleton, CO 80121 303-741-0265
Food: Monday mornings & Thursday Evenings – First & third weeks of each month – except July
- **Manna Ministries**, 3651 S. Colorado Blvd, Denver, CO 80113 303-375-6088
- **Meadow Hills Baptist**, 3350 South Winston Street, Aurora, CO 80013 303-690-3922
- **Most Precious Blood Church**, 2227 S. Colorado Blvd, Denver, CO 80222 303-756-3083
- **New Life Fellowship Foursquares Church**, 2241 S. Holly St., Denver, CO 80222 303-759-9919
Food: Wednesdays 9 Am until 1 PM – Web Site
- **Parker Food Bank Task Force**, 19650 E. Main St., Parker, CO 80138 303-841-3460
Food: Tuesday through Saturday 9 AM until 1 PM – Visit Web Site for details requirements
- **Presbyterian Church of the Covenant**, 5400 S. Yosemite St, Englewood, CO 80111 303-779-5400
Food: Fridays 1 PM until 4 PM – Web Site
- **Queen of Peace St. Vincent De Paul**, 13120 E. Kentucky Ave, Aurora, CO 80012 303-364-1056
- **Salvation Army**, 802 Quari Street, Aurora, CO 80011 303-366-7585
- **Seniors Help Seniors**, 5840 E. Evans Ave, Denver, CO 80222 303-300-6912
- **Smoky Hill Vine Yard**, 20050 E. Smoky Hill Rd, Centennial, CO 303-690-2520
- **Crossroads Church**, 10451 Huron St, Northglenn, CO 80234 303-452-5332
- **Hunger Free Colorado**, 7000 South Yosemite St. #170, Centennial, CO 80112 720.328.1284
- **Rose of Sharon Food Bank**, 5306 Lincoln St, Denver, CO (303) 308-1652
- **His Hands Christian Ministries**, 2575 S Broadway, Denver, CO (303) 783-3777
- **Metro Food Bank**, 2450 Clay St, Denver, CO

Medical Care

- **CHARG (Capitol Hill Action and Recreation Group Resource Center)**, 709 East 12th Ave, Denver, Co 80203 303-830-8805
 - Or Drop-in Center at 920 Emerson Street, Denver CO 80218 303-830-2130
 - Works with people with severe, persistent mental illness
- **Clinica Family Health Services-** Pecos, 1701 West 72nd Ave, Denver, CO 80221 303-650-4460
www.clinica.org
- **Clinica Family Health Services-** Thornton, 8990 North Washington Street, Thornton, CO 80229
303-650-4460
- **Clinica Family Health Services-** Westminster, 8510 North Bryant Street, Westminster, CO 80031
303-650-4460
- **Colorado AIDS Project**, 303-837-0166

- **Colorado Medical Assistance, Department of Healthcare-** 1570 Grant Street, Denver, CO 80203 303-866-2993 www.colorado.gov/hcpf
- **Denver Health Medical-** 777 Bannock Street, Denver, CO 80204 303-436-6000 www.denverhealth.org Nurse line: 303-739-1211
- **Denver Human Services-** 1200 Federal Blvd., Denver, CO 80204 1-800-221-3943 www.denvergov.org
- **Friends of Man-** P.O. Box 937, Littleton, CO 80160 303-798-2342 www.friendsofman.org
- **Inner City Health Center-** 3800 York Street, Denver, CO 80205 303-296-4873 www.innercityhealth.com
- **Jefferson Center for Mental Health-** 4851 Independence Street, Wheat Ridge, CO 80033 303-425-0300 www.jcmh.org
- **Jefferson Center for Mental Health- Walk in Crisis Center-** 12055 West 2nd Place, Lakewood, CO 80228 1-844-493-8255
- **Metro Community Provider Network- Admin,** 3701 South Broadway, Englewood, CO 80113 303-761-1977 www.mcpn.org
- **Planned Parenthood,** 1-800-230-7526
- **Salud Family Health Centers- Commerce City,** 6255 Quebec Parkway, Commerce City, CO 80022 303-697-2583 www.salduclinic.org
- **Stout Street Clinic,** 2100 Broadway, Denver, CO 80205 303-293-2200 www.coloradocoalition.org
- **Veterans Affairs Medical Center,** 1055 Clermont Street, Denver, CO 80220 303-399-8020 www.denver.va.gov

Dental Care

- **Community College of Denver Dental Hygiene Program,** 1062 Akron Way, Bldg 753, Denver, CO 80230 303-365-8338 www.ccd.edu
- **Colorado Coalition for the Homeless- Stout Street Clinic,** 2111 Champa Street, Denver, CO 80205 303-293-2217 www.coloradocoalition.org
- **Colorado Foundation of Dentistry for the Handicapped,** 1800 15th Street, Suite 110, Denver, CO 80202 303-534-3931 www.dentallifeline.org
- **Dental Lifeline Volunteer Dentists,** 1800 15th Street, Suite 110, Denver, CO 80202 303-534-5360 www.dentallifeline.org
- **Denver Health Eastside Family Health Center,** 501 28th Street, Denver, CO 80205 303-436-4949 www.denverhealth.org
- **Denver Health Westside Family Health Center,** 1100 Federal Blvd, Denver, CO 80204 303-436-4949 www.denverhealth.org
- **Denver Health Webb Center,** 301 West 6th Ave, Denver, CO 80204 303-702-8200 www.denverhealth.org
- **Denver Rescue Mission,** 1130 Park Ave West, Denver, CO 80205 303-297-1815 www.denverrescuemission.org
- **Kids in Need of Dentistry,** 2465 South Downing Street, Denver, CO 80210 303-733-3710 www.kindsmiles.org

- **Inner City Health Center**, 3800 York Street, Denver, CO 80205 303-296-4873
www.innercityhealth.com
- **Jeffco Family Health Services Center**, 7495 West 29th Ave, Wheat Ridge, CO 80033 303-360-6276
- **Denver Indian Health & Family Services**, 1663 Fillmore Street, Denver, CO 80206 303-953-6600
www.dihfs.info
- **Tri County Health Department**, 4857 South Broadway Street, Englewood, CO 80113 303-783-7106 www.tchd.org

Drug and Alcohol Treatment

- **Metro Crisis Service Incorporated Crisis Hotline** 1-800-885-1222
- **Arapahoe House, INC**, 8801 Lipan St, Thornton, CO 80260 303-657-3700
www.arapahoehouse.org
 - In-patient, Out-patient, Men, Women, SO Friendly
- **Center of Hope**, 5303 W. Kentucky Ave, Lakewood, CO 80226 303-935-7746 303-935-7746
www.centerofhopedenver.org
 - In-patient, Out-patient, Men, Women
- **Denver CARES Detox**, 1155 Cherokee St., Denver, CO 80204 303-436-3500
www.denvercares.org
 - In-patient, Out-patient, Men, Women
- **Denver Valley Hope**, 7108 So. Alton Way, Bldg. A, Centennial CO, 80112 303-841-7857 or 303-694-3829
 - Out-patient, Men, Women
- **New Beginnings Recovery Center**, 191 East Orchard Rd. Suite B, Littleton, CO 80121 720-473-7106 www.newbeginningsrecoverydenver.com
 - In-patient, Out-patient, Men, Women, 45 to 90 day programs
- **Mile High Behavioral Healthcare**, 4242 Delaware Street, Denver, CO 80216 303-825-8113
www.mhbhc.org
- **Alcoholics Anonymous**, 2626 Zuni Street #202, Denver, CO 80211 303-322-4440
- **Cocaine Anonymous**, 866-768-7709 www.cacolorado.org
- **Narcotics Anonymous**, 303-832-3784 www.nacolorado.org/denver
- **Crystal Meth Anonymous**, 951 20th St, P O Box 921, Denver CO 80201, 720-295-4409
- **Acacia Counseling**, 190 East 9th Ave, #150, Denver, CO 80203 303-861-9378
www.acaciaadmin.com
 - Men, Women
- **Al-Anon/Alateen**, 6000 East Evans, #3-317, Denver, CO 80222 303-321-8788 www.al-anon-co.org
- **BHG Treatment Centers**, 303-629-5293
- **Denver Health Medical Center**, 777 Bannock St., Denver, CO 80204 303-436-6000
www.denverhealth.org

- **First Step Counseling**, 10292 So. Progress Way, Parker, CO 80138 303-840-2636
www.firststepcounseling.org
- **Adams Community Mental Health**, 8989 N Huron St, Thornton, CO 80260 303-853-3500
- **Bridge House**, 6507 S Santa Fe Dr, Littleton, CO 80120 303-730-0797
- **Circle Program**, 1600 W 24th St #129, Pueblo, CO 81003 719-546-4797
- **Colorado Assessment and Treatment Center**, 4155 Jewell Ave #916, Denver, CO 80222 303-757-6019
- **Creative Treatment Options**, 6475 Wadsworth Blvd #324, Arvada, CO 80003 303-467-2624
- **The Crossing**, 6090 Smith Rd, Denver, CO 80216 303-953-3900
- **Denver CARES**, 1155 Cherokee St., Denver, CO 80204 303-900-5341
 - In-patient, Out-patient, Men, Women
- **Eagle Lodge Behavioral Health**, 1264 Race St., Denver, CO 80206 303-393-7773
- **IDEA**, 2560 W 29th Ave, Denver, CO 80211 303-477-8280
 - relapse prevention, UAs, breathalyzers, classes
- **Karis Community**, 1361 Detroit St, Denver, CO 80206 303-355-5546
 - dual diagnosis halfway house
- **Mental Health Center of Denver**, 1455 Beeler St., Denver, CO 80206 303-360-6014
- **Mile High Council on Alcoholism and Drug Abuse**, Compass Bank Building, 655 Broadway #200, Denver, CO 80203 303-825-8113
- **New Genesis**, 1680 Sherman St, Denver, CO 80205 303-831-4905
- **Noeticus Counseling Center and Training Institute**, 190 E 9th Ave #290, Denver, CO 80203 303-399-9988
- **Odyssey Counseling**, 10900 W 44th Ave #140, Wheat Ridge, CO 80033 303-420-7898
- **Peer-1 Therapeutic Community**, 3762 W Princeton Cir, Denver, CO 80236 303-761-2885
- **Phoenix Concept**, 2162 Lawrence St, Denver, CO 80205 303-293-3620
- **Providence Network**, 801 Logan St, Denver, CO 80203 303-860-8404
- **Servicios de la Raza**, 3131 W 14th Ave, Denver, CO 80204 303-458-5851
- **Sobriety House, Inc.**, 121 Acoma St., Denver, CO 80223 720-381-4334
- **STIRRT- Men**, 7373 Birch St., Commerce City, CO 80022 303-657-3700
- **Wings Foundation, Inc.**, 7550 W Yale Ave, Denver, CO 80227 302-238-8660

Women Only

- **Brandon Safe Haven**, 1550 Yates St., Denver, CO 80204 303-620-9190
- **Champa House**, 2544 Champa St, Denver, CO 80205 303-294-9961
- **Harmony Foundation**, 1600 Fish Hatchery Rd, Estes Park, CO 80517 866-686-7867
- **New Directions for Families**, 445 W Berry Ave, Littleton, CO 80120 303-412-3831
- **The Haven at Peer-1**, 3630 W Princeton Cir, Denver, Co 80236 303-761-7626
- **Salvation Army-Women**, 4751 Broadway, Denver, CO 80216 303-294-0827
- **STIRRT-Women**, 445 W Berry Ave, Littleton, CO 80120 303-794-1719
- **180 Ministries Women's Center**, P.O. Box 784, Olathe, CO 81425 970-323-6013
www.180ministries.net

Inpatient Rehab Facilities Denver Metro

- **Center for Recovery**, 2121 S. Oneida, Denver, CO 80224 303-953-4587
- **Anderson & Hagaer Connections, Inc**, 3777 Quentin Street, Denver, CO 80239 303-307-0320
- **Step 13, 2029 Larimer Street**, Louisville, CO 80027 303-673-9990
- **North Valley Hospital**, 8451 Pearl Street, Thornton, CO 80229 303-288-3000
- **Denver Rescue Mission**, 1130 Park Ave West, Denver, Co 80205 303-297-1815
www.denverrescuemission.org
- **Denver Valley Hope**, 22422 East Main Street, Parker, CO 80138 303-841-7857 or 303-694-3829
- **Salvation Army Adult Rehab Center**, 4751 Broadway St., Denver CO 80216 303-294-0827
www.salvationarmyusa.org
 - In-patient, Men, Women
- **Salvation Army Harbor Light Center**, 2136 Champa St., Denver, CO 80205 720-305-5665
 - In-patient, Men
- **Step Denver**, 2029 Larimer St., Denver, CO 80205 303-295-7837 www.stepdenver.org
- **Stout Street Foundation**, 7251 East 49th Ave, Commerce City, CO 303-321-2533
www.stoutstreet.org
 - Men, Women
- **Teen Challenge Rocky Mtns 180 Ministries Men's Center**, 2634 So. Broadway, Denver, CO 80210 303-744-3986 www.teenchallengerm.org
 - Men

Clothing and Hygiene

Clothing:

- **The Action Center** 8755 West 14th Ave., Lakewood, CO 80215 720-215-4850
www.theactioncenterco.org
 - Jefferson County. Must make appointment. Mon, Tue, Fri 8:30 am- 1:30 pm Wed 8:30 am-5:30 pm
- **Aurora Interfaith Community Services**, 1553 Clinton Street, Aurora, CO 80010 303-360-0260
 - Aurora residents with ID. Mon, Tue, Wed, Fri 9 am- 2 pm Thurs 11 am- 3:30 pm
- **Christ's Body Ministries**, 850 Lincoln Street, Denver, CO 80218 303-860-1272
www.christsbody.org
 - Mon-Fri 11 am-11:30 am
- **Community Ministry Center**, 1755 South Zuni Street, Denver, CO 80223 303-936-0469
www.comministry-denver.org
 - Thursdays 9 am- 12 pm
- **Crossroads of the Rockies**, 2702 West Mississippi Ave, Denver, CO 80219 303-922-8772
www.crossroadsoftherockies.org
 - Call for hours/availability
- **Denver Rescue Mission**,
- **Adventist Community Services**, 5045 W 1st Ave, Denver, Co 80219 303-935-7386
- **Broadway Assistance Center**, 1212 Mariposa, Denver, CO 80204 303-893-4108
- **St. Anthony of Padua**, 3801 W. Ohio Ave, Denver, CO 80219 303-935-2431

- **Douglas/Elbert Task Force**, 1638 Park Street, Castle Rock, CO 303-688-1114
www.detaskforce.com
- **Power Invasion Ministries**, 455 South Platte River Drive, Denver, CO 80223 303-455-5622
www.powerinvasionministries.org
- **The Gathering Place**, 1535 N. High Street, Denver, CO 80218 www.tgpdenver.org
- **Growing Home**, 3489 West 72nd Ave, Suite 112, Westminster, CO 80030 303-426-0430
www.gorwinghome.org
- **The Rising Church**, 7500 West 57th Ave, Arvada CO 80002 303-422-1174 www.arvadarising.com
- **Integrated Family Community Services**, 3370 South Irving Street, Englewood, CO 80110 303-789-0501 www.ifcs.org

Organizations That Provide Hygiene:

- **Colorado Coalition for the Homeless**, 2260 California St., Denver, CO 80205 303-293-2217
- **Denver Urban Ministries (DenUM)**, 1717 East Colfax Ave., Denver, CO 80218 303-355-4896
- **St. Francis Center**, 2323 Curtis Street, Denver, CO 80205 303-297-1577
- **Father Woody's Haven of Hope**, 1101 West 7th Ave, Denver, CO 80204 303-607-0855

Family Resources

Fathers

- **Fatherhood Initiative Class**: Community Re-Entry Center, 940 Broadway, Denver, CO 80203
 - Tuesdays at 1:00 pm
- **Fatherhood Support Services**, 8 East 1st Ave, Denver, CO 80203 303-783-2323
- **Families First**, 2163 S. Yosemite St., Denver, CO 80231 303-745-0327
- **Aurora Mental Health Center**, 11059 E. Bethany Dr. Suite 200, Aurora, CO 80014 303-617-2457
- **Muslim Family Services of Colorado**, 2323 South Troy St., Aurora, CO 80012 303-755-5228
- **Young Fathers Program at Parent Pathways**, 96 South Zuni St., Denver, CO 80223 303-321-6363 ext 211
- **Touched by an Angel**, 4785 Tejon Street, Suite 201, Denver, CO 80211 720-207-4838

Mothers

- **Empowerment**, 1600 York Street, Denver, CO 80206 303-320-1989
- **The Haven**, 3630 West Princeton Circle, Denver, Co 80236 303-761-7626
- **WIC (Women, Infants, and Children)**, 7000 North Broadway #400, Denver, CO 80221 303-426-5232
- **Marisol Homes-Catholic Charities**, 6240 Smith Road, Denver, CO 80216 720-799-9400
www.ccdenver.org
 - Shelter and services for single mothers, women, and expecting mothers. Maternity services.

- **Hope House**, 9088 Marshall Court, Bldg 4, Westminster, CO 80031 303-429-1012
www.hopehouseofcolorado.org
 - Residential program for teen mothers.

Pregnancy Counseling & Services

- **Alternative Pregnancy Center**, 441 Wadsworth Blvd., Suite 225, Lakewood, CO 80226 303-295-2288 www.youhavealternatives.org
- **Adoption Choices of Colorado**, 303-670-4401
- **Bethany Christian Services**, 3000 South Race Street, Denver, CO 80210 303-221-0734
www.bethany.org/denver
- **Birth Line Colorado**, 2346 Gilpin Street, Denver, CO 80205 303-832-2858
www.birthlinecolorado.com
- **Caring Hands Pregnancy Center**, 2707 West Mississippi Ave, Denver, CO 80219 303-349-9183
www.pregnancydenver.com
- **Catholic Charities**, 6240 Smith Road, Denver, CO 80216 303-742-0828 www.ccdenver.org
- **Colorado Christian Services**, 3959 East Arapahoe Road, Suite 200, Centennial, CO 80122 303-761-7236 www.christianservices.org
- **Denver Health Medical**, 777 Bannock Street, Denver, CO 80204 303-436-6000
www.denverhealth.org
- **Gabriel Project**, 1341 Oneida St, Denver, CO 80220 303-377-1577
- **Jefferson County Resource Center**, 645 Parfet Street, Lakewood, CO 80215 303-232-6301
www.jefco.us
- **Tri County Health Department**, 4400 Castleton Court, Castle Rock, CO 80109 303-663-7650
www.tcgd.org

Baby Food and Items

- **Jefferson County Public Health**, 645 Parfet Street, Lakewood, CO 80215 303-232-6301
www.jefco.us/public-health
 - Mon-Fri 8am-5pm. WIC, Prenatal plus, Nurse Family Partnership, Pregnancy-related Depression
- **Jefferson County Gabriel House**, 1980 Nelson St, Lakewood, CO 80215 720-459-8783
- **Life's Options Pregnancy Center**, 27888 Meadow Dr, Evergreen, CO 80439 303-674-5881
- **Mean Street Ministry**, 1380 Ammons Street, Lakewood, CO 80214 303-232-2500
www.meanstreetministry.org
 - Mon, Tues, Thurs 8:30 am-2:00 pm. No appointment or ID required. Baby food, formula, diapers, blankets, clothing
- **Metro Caring**, 1100 East 18th Ave, Denver, CO 80218 303-860-7200 www.metrocaring.org
 - Baby formula in emergencies. Mon-Fri 9:30 am-3:00 pm Tues 6:00 pm-8:00 pm
- **Tri County Health Department**, 6162 South Willow Drive, Suite 100, Greenwood Village, CO 80111 303-220-9200 www.tchd.org
 - Mon-Fri 8 am-5pm. WIC, food pantries, breastfeeding info

- **Colorado Family Life Center**, 1072 Chambers Road, Aurora, CO 80011 303-366-1072
www.coloradofamilylife.org
 - Take free classes and receive free baby items

Child Care Resources

- **Child Care Innovations (Red Rocks Community College)**, 1300 West 6th Ave, Lakewood, CO 80228 303-914-6600 www.rrcc.edu/child-care-innovations
- **Adams County Human Services**, 11860 North Pecos Street, Westminster, CO 80234 720-523-2000 www.adcogov.org/human-services
- **Arapahoe County Human Services**, 1690 West Littleton Blvd, Littleton, CO 80120 303-734-4302 www.co.arapahoe.co.us
- **Colfax Community Network**, 1585 Kingston Street, Aurora, CO 80010 303-360-9175
 - Emergency walk-in services, family nights, after school programs, boys' and girls' support groups
- **Colorado Department of Human Services**, 1575 Sherman Street, Denver, CO 80203 303-866-5700 www.colorado.gov/pacific/cdhs
- **Colorado Child Care Assistance Program (CCCAP)** 303-866-5800
 - Helps low-income families pay for childcare
- **Denver Human Services**, 1200 Federal Blvd, Denver, CO 80204 720-944-3666
- **Denver Metro Community Parent Resource Center**, 14501 East Alameda Ave #205, Aurora, CO 80012 303-365-2272
 - Helps families with children with disabilities ages infant-26
- **Douglas County Human Services**, 4400 Castleton Court, Castle Rock, CO 80109 303-688-4825 www.douglas.co.us/departments/humanservices
- **Jefferson County Human Services**, 900 Jefferson County Parkway, Golden, CO 80401 303-271-1388 www.jeffco.us/human-services
- **Head Start- Adams County**, 1850 East Egbert Street #G10, Brighton, CO 80601 33-659-2270 www.adcogov.org/head-start
- **Head Start-Aurora (Creative Options Head Start)**, 1633 Florence Street, Aurora, CO 80010 303-367-5384 www.abilityconnectioncolorado.org
- **Head Start-Commerce City (Sunshine Head Start)**, 7111 East 56th Ave, Commerce City, CO 80022 303-286-4100
- **Head Start-Denver**, 201 West Colfax, #1001, Denver, CO 80202 720-913-0880
- **Head Start-Jefferson County Arvada**, 5150 Allison Street, Arvada, CO 80022 720-497-7900 www.jeffco.us/head-start
- **Head Start-Jefferson County Wheat Ridge**, 12725 West 42nd Ave, Wheat Ridge, CO 80033 720-497-7680 www.jeffco.us/head-start
- **Head Start-Lakewood**, 12100 West Alameda Parkway, Lakewood, CO 80228 303-987-2490 www.lakewood.org/HeadStart
- **Head Start-Thornton (Creekside Head Start)**, 9189 Gale Blvd., Thornton, CO 80260 720-540-4836
- **Head Start-Westminster (Little Star Head Start)**, 3990 West 74th Ave, Westminster, CO 80030 303-427-2006

- **TANF (Temporary Assistance to Needy Families)**, Request application at: CO Department of Human Services, Division of Colorado Works, 1575 Sherman Street, 3rd Floor, Denver, CO 80203 303-866-6210
- **STRIDE Program**, 5400 West Cedar Ave, Lakewood CO 80226 303-238-3580
 - Programs and services for low-income families
- **The Action Center**, 8755 West 14th Ave, Lakewood, CO 80215 720-215-4850
www.theactioncenterco.org
 - School supplies, etc
- **Growing Home**, 3489 West 72nd Ave, Suite 112, Westminster, CO 80030 303-426-0430
www.growinghome.org
 - School supplies, etc
- **Integrated Family Community Services**, 3370 South Irving Street, Englewood, CO 80110 303-789-0501 www.ifcs.org
 - School supplies, etc
- **Aurora Interfaith Community Services**, 1553 Clinton Street, Aurora, CO 80010 303-360-0260
www.aurorainterfaithcommunityservices.org
 - School supplies, etc
- **Community Ministry Center**, 1755 South Zuni Street, Denver, CO 80223 303-936-0460
www.comministry-denver.org
 - School supplies, etc
- **The Gathering Place**, 1535 No. High Street, Denver, CO 80218 303-321-4198
www.tgpdenver.org
 - Family program

Child Support Units

- **Arapahoe/Douglas**, 14980 East Alameda Drive, Aurora, CO 80012
- **Denver County**, 1200 Federal Blvd, Denver, CO 80204
- **Jefferson County**, 900 Jefferson County Parkway, Golden, CO 80401

To request a review, send your request, in writing to the Child Support Enforcement Unit handling your case or fill out an online request at www.childsupport.state.co.us.

Employment

Federal Bonding Program

(Provides bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.)

Colorado Department of Labor and Employment

633 17th Street #201

Denver, CO 80202

☎ (303) 318-8000

www.colorado.gov/cdle

Criminal Record Repository

Crime Information Management Unit CCIC Section

710 Kipling St, Suite 303

Denver, CO 80215

☎ 303-239-4222

Unemployment Benefits

You must apply in person at the local Workforce Development Center.

☎ Contact: 303-318-9000 1-800-388-5515 (toll free)

Spanish: 303-318-9333 1-866-422-0402

Work and Gain Employment and Education Skills Program (WAGEES)

(These community nonprofit organizations help people on parole in Colorado for free. They provide help with employment placing and training, work clothing and tool assistance, mentoring, IDs, vocational training cost assistance, transportation assistance, gang disengagement, education assistance, and more)

- **Bridge House** 4747 Table Mesa Dr. Boulder, CO 80305 Tim Arnold 303-575-4964
- **Inside/Out Mary Alice Murphy Center of Hope** 242 Conifer St. Ft. Collins, CO 80524 Ellen Toomey 303-907-7598 Sister
- **Inside/Out** 14221 E. 4th Ave Bldg #2 Ste 330 Aurora Co 80011 Debbie Winans 702-207-5041
- **Christlife Ministries** 1211 N. Main St. Pueblo, CO 81003 Linda Perkins 719-647-9235
- **Positive Impact** 2210 E. LaSalle St Colorado Springs, CO 80909 Rosemary Lytle 719-634-7813
- **Second Chance Center** 9722 E 16th Ave Aurora CO 80011 Sean Taylor 303-909-0813
- **Servicios de la Raza** 3131 W 14th Ave Denver, CO 80204 Josef Lopez 303-953-5904
- **The Rock Foundation** 1542 7th Ave Greeley Co 80631 Cheryl Cook 303-252-7453

Employment Preparation Classes

940 Broadway, Denver, CO 80203 303-763-2400

Workforce Center Locations in the Denver Metro Area

- **Adams County Workforce & Business Center**, 4430 South Adams County Parkway, 1st Floor, Suite W5000, Brighton, CO 80601 720-523-6900
- **Adams County Workforce & Business Center, Aurora**, 3585 Peoria Street, Suite 511, Aurora, CO 80010 303-363-9380
- **Arapahoe/Douglas (A/D) Works! Castle Rock Workforce Center**, 4400 Castleton Court, Castle Rock, CO 80109 303-688-4825 ext 5307
- **Arapahoe/Douglas (A/D) Works!** 6974 South Lima Street, Centennial, CO 80112 303-636-1160
- **Arapahoe/Douglas (A/D) Works!** 14980 East Alameda Drive, Aurora, CO 80012
- **Arapahoe/Douglas (A/D) Works!** 9235 East 10th Drive, Building 859, Denver, CO 80230 720-858-3211
- **Denver Workforce Center, Main Office of Denver**, 1391 North Speer Blvd #500, Denver, CO 80204 720-865-5619
- **Denver Workforce Center, Westside Workforce Center**, 1200 Federal Blvd, Denver, CO 80204 720-944-1615
- **Denver Workforce Center, Montbello Workforce Center**, 4685 Peoria St, Suite 251, Denver, CO 80239 303-376-2201
- **Jefferson County Workforce Center**, Laramie Building, 3500 Illinois Street, Golden, CO 80401 303-271-4700
- **Broomfield Workforce Center**, 6650 West 120th Ave #A-3, Broomfield, CO 80020 303-464-5855
- **Boulder Workforce Center**, 2520 55th Street, Suite 100, Boulder, CO 80301 303-301-2900

Other Resources

- **70 Million Jobs** helps job seekers with criminal records find jobs. Visit www.70millionjobs.com
- **St. Francis Center**, 1630 East 14th Ave, Denver, CO 80218 303-813-0005 www.sfcdenver.org
- **The Gathering Place**, 1535 N. High Street, Denver, CO 80218 303-321-4198 www.tgpdenver.org
 - Mon, Wed, Thu, Fri 8:30am-5:00pm Tues 8:30-1:30
- **Urban Peak**, 2100 Stout Street, Denver, CO 80205 303-974-2900 www.urbanpeak.org
- **Colorado Division of Vocational Rehabilitation**, 2211 West Evans Ave, Denver, CO 80223 303-866-2500
 - Denver Residents Only
- **Crossroads of the Rockies**, 2707 West Mississippi Ave, Denver, CO 80219 303-922-8772 www.crossroadsasoftherockies.org
- **Work Now**, 720-389-0999
 - Find job opportunities in construction, train for job advancement, transportation assistance, and other resources.
- **Women's Bean Project, Inc.**, 3201 Curtis Street, Denver, CO 80205 303-292-1919

- Transitional jobs (6-12 months) in gourmet food and handmade jewelry
- **The Road Called STRATE**, 1532 Galena St #395, Aurora, CO 80010 303-360-9176
 - Employment services including felon-friendly job listings, clothing banks, GED prep, substance abuse classes, etc.
- **Denver Works**, 5725 East 39th Ave, Denver, CO 80207 303-433-0300 www.denverworks.org
- **Discovery Job Network**, 8035 South Quebec Street, Centennial, CO 80112 7720-419-8772
www.discoveryjobnetwork.org
 - Mon-Thu 9 am-4 pm
- **Mile High Youth Corps**, 1801 Federal Blvd., Denver, CO 80204 303-433-1206
 - Youth 17-24 years old
- **Mi Casa Resource Center**, 345 South Grove Street, Denver, CO 80219 303-573-1302
www.micasaresourcecenter.org
 - Mon-Thurs 8am-6pm. Fri 8am-4:30pm
- **Family Tree House of Hope**, 3301 South Grant Street, Englewood, CO 80113 303-762-9525
www.thefamilytree.org
 - Call for hours/availability. Employment resources and training for single mothers.
- **Job Seeker Services** assists with resumes, workshops, job fairs, computer access, and more.
 - 6974 S Lima Street, Centennial, CO 80112 or 15400 E 14th Place, Aurora, CO 80011
 - Mon-Fri 7:30 am- 4:30 pm

Education

General Education Diploma (GED)

- **Community Educational Outreach**, 940 Broadway, Denver, CO 80203 303-763-2400
- **Emily Griffith Opportunity School**, 1250 Welton Street, Denver, CO 80204 720-423-4700
www.egos-school.com GED Testing Center 720-423-4728

Apprenticeships and Certification Programs

- **Emily Griffith Opportunity School**, 1250 Welton Street, Denver, CO 80204 720-423-4700
www.egos-school.com
- **Community College of Denver**, 1111 West Colfax Ave, Denver, CO 80218 303-556-2600
www.ccd.edu

Financial Assistance Programs

- **College Gateway Program**, Red Rocks Community College, Learning & Resource Center (LARC), office #1264, 13300 West 6th Ave, Campus Box 32, Lakewood, CO 80228
 - Catherine Lachman, Coordinator 303-914-6542
 - Program designed to assist ex-offenders in reconnecting with their career, community and family. Learn professional, educational, and social skills in an innovative and structured academic environment and become familiarized with the expectations required of college students

- **Pell Grant, Educational Opportunity Center, Auraria Campus, Administration Building Suite 325, 1201 5th Street, Denver, CO 80217 303-629-9226**
- **Free Application for Federal Student Aid www.fafsa.ed.gov**

Transportation Assistance

- **St. Francis Center, 2323 Curtis St, Denver, CO 303-297-1576**
 - Bus tokens for interview or 1st week of work
- **Spirit of Christ, 7400 W 80th Ave, Arvada, CO 80003 303-422-9173**
 - Call at 8:30 am, 2 month bus pass, only gives away 15 on the 18th of the month
- **Stout Street Clinic, 2100 Broadway, Denver, CO 80205 303-293-2220**
 - Must be enrolled in the program
- **Doing His Time, 4045 Wadsworth Blvd, Wheat Ridge, CO 80033 303-300-3670**
 - 72 hrs of release, tokens, reduced bus pass. Must have an appointment.
- **Metro Care Ring, 1100 E 18th Ave, Denver, CO 80218 303-860-7200**
 - Provides tokens to get home with food from food pantry
- **Catholic Charities, East: 303-742-0820 West: 303-922-5205 Emergency: 303-477-6256**
 - Denver and JeffCo only, 9 tokens to get food home, once a month
- **JeffCo Action Center, 8755 W 14th Ave, Lakewood, CO 80215 303-237-7704**
 - Must speak with a counselor to obtain 1 roundtrip worth of tokens. Only 8 roundtrips allowed per year.

Community Corrections

CWISE (Colorado Parole, Probation, and Release), 1-800-426-9143

Division of Adult Parole, 940 Broadway, Denver, CO 80203 ☎ 303-763-2420

Colorado State Board of Parole, 1600 W 25th Street Bldg 54, Pueblo, CO 81003 ☎ 719-583-5800

Legal Help

- **Office of the Colorado State Public Defender, 13356 E Briarwood Ave, Centennial, CO 80112**
☎ 303-799-9001
- **Colorado Legal Services, 1905 Sherman Street, 4th Floor, Denver, CO 80203 ☎ 303-837-1313**
www.denbar.org
- **Mi Casa Resource Center, 360 Acoma Street, Denver, Co 80223 ☎ 303-573-1302**
- **Colorado Bar Association, 1900 Grant Street #950, Denver, CO 80203 ☎ 303-860-1115**
www.coloradolegalservices.org

Other Re-entry Resources

- **National Suicide Prevention Hotline** 1-800-273-8255
- **211** (United Way sponsored 24 hour resource hotline)
- **Vital Records**, 4300 Cherry Creek Drive South, Denver, CO 80246 1-866-300-8540
- **The Blue Bench**, Sexual Assault Prevention and Support Center, 303-322-7273
- **The Gender Identity Center of Colorado**, A Transgender Resource Center, 1151 South Huron Street, Denver, CO 80223 303-202-6466
- **RTD Denver**, 1600 Blake Street, Denver, CO 80202 303-299-6000
- **ACS Community LIFT**, 5045 West First Ave, Denver, CO 80219 303-935-7389
 - Help with food, clothing, medical, bus tickets, utilities, ID replacement, and shelter vouchers
- **Center for Spirituality at Work**, 1385 S. Colorado Blvd., Bldg A, Suite 300, Denver, CO 80222, Mail: P.O. Box 102168, Denver, CO 80250-2168 www.cfsaw.org
 - Mentoring and life skills services to formerly incarcerated women.
- **The Empowerment Program**, 1600 York Street, Denver, CO 80206 ☎ 303-320-1989 empower-info@empowermentprogram.org www.empowermentprogram.org
 - (offers transportation, case management, housing, employment, health and education services to recently released women in the Denver area)
- **Metro Caring**, 1100 E 18th Ave, P.O. Box 300459, Denver, CO 80203 303-860-7200
 - Monday-Friday 9:30-3:00pm Tuesday 6:00-8:00pm
 - Bring Photo ID and a piece of mail proving your address dated in the last 30 days each time you come in for assistance.
- **Turnabout, Inc**, 1630 East 14th Ave, Denver, CO 80218 ☎ 303-813-0005 Info@turnaboutprogram.org www.turnabout.org
 - Employment, career, and education services with computer lab, daily job leads, transportation help, skills training)
- **Mean Street Ministry**, 1380 Ammons Street, Lakewood CO 80214 or P.O. Box 260491, Denver, CO 80226 303-232-2500 www.meanstreetministry.org info@meanstreetministry.org
- **Boulder Bridge House**, 2691 30th St, Boulder, CO 80301

Human Services

- **Denver County** 720-944-3666
 - 1200 Federal Blvd, Denver, CO 80204
 - 4685 Peoria Street (Montbello), Denver, CO 80239
 - 3815 Steele Street (East Side), Denver, CO 80205
- **Adams County**, 7190 Colorado Blvd, Commerce City, CO 80022 303-287-8831
- **Arapahoe County**, 14980 East Alameda Drive, Aurora, CO 80012 303-636-1130
- **Douglas County**, 4400 Castleton Court, Castle Rock, CO 80109 303-688-4825
- **Jefferson County**, 900 Jefferson County Parkway, Golden, CO 80401 303-271-1388

Colorado Indigent Care Program (CICP) Contact your Community Re-Entry Specialist to schedule for enrollment at Community Re-Entry Center! Thursday 10:00 am by appointment only and at 2:00 pm at Lincoln Parole Office. Call 303-866-3513 or 1-800-221-3943 if you have questions. Appointment line: 303-602-2310

At these locations, appointments available at the number above. Walk-ins may be seen, depending on staff availability. Enrollment Hours M-F 8 am-12 pm and 1 pm-4:45 pm

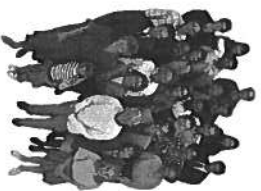
- **Westside Family Health Center**, 1100 Federal Boulevard, Denver, CO 80204 303-436-4416
- **Davis Pavilion**, 700 Delaware Street, Denver, CO 80204 303-436-7639
- **Eastside Family Health Center**, 501 28th Street, Denver, CO 80205 303-436-4792
- **La Casa Family Health Center**, 4545 Navajo Street, Denver, CO 80211 720-956-2696
- **Montbello Family Health Center**, 12600 Albrook Dr, Denver, CO 80239 720-956-2758
- **Park Hill Family Health Center**, 4995 E 33rd Ave, Denver, CO 80207 303-602-3728
- **Westwood Family Health Center**, 4320 West Alaska Place, Denver, CO 80219 720-956-2900
- **Walk-in Site, Same Day Appointments**: 723 Delaware Street, Denver, CO 80204 303-602-2300
Monday-Friday 8:00 am-5:00 pm
 - Appointment line 303-602-2300

Library Locations

- **Castlewood Library**, 6739 S Unita Street, Centennial, CO 80112 303-542-7279
- **Davies Library**, 303 Third Avenue Deer Trail, CO 80105 303-769-4310
- **Kelver Library**, 404 E Front Street, Byers, CO 80103 303-822-9392
- **Koelbel Library**, 5955 S. Holly Street, Centennial, CO 80121 303-542-7279
- **May Library**, 1471 S. Parker Road, Denver, CO 80231 303-542-7279
- **Mobile Library Services** 5955. S. Holly Street, Centennial, CO 80121 303-542-7279
- **Sheridan Library**, 3425 W. Oxford Ave, Denver, CO 80236 303-542-7279
- **Smoky Hill Library**, 5420 S. Biscay Circle, Centennial, CO 80015 303-542-7279
- **Southglenn Library**, 6972 S. Vine Street Centennial, CO 80122 303-542-7279

What is Public Health?

Tri-County Health Department is the largest local health department in Colorado. It is our mission to protect, promote and improve the health, environment and quality of life of the 1.5 million residents of Adams, Arapahoe and Douglas Counties.



Most of the work of public health agencies is population based—that is, it focuses on improving the health of the entire community. We help you to make the healthy choice the easy choice!

11 Offices to Serve You

Visit www.tchd.org for directions

See the list of services on the back page →

Administration

6162 South Willow Drive, Suite 100
Greenwood Village, CO 80111 • 303-220-9200
Services: 1 3 4 5 10 12
RTD: 🚏 Arapahoe Station E, F

Aurora West: Alton/Colfax

9000 E. Colfax Avenue (Wells Fargo Building)
Aurora, CO 80011 • 303-361-6010
Services: 10 14
RTD: 🚏 15

Aurora East: Colfax/Chambers

15400 E. 14th Place (Alcursa Plaza Building)
Aurora, CO 80011 • 303-341-9370
Services: 2 5 6 7 8 9 10 11 12 14
RTD: 🚏 15, 153

Aurora South: Hampden/Chambers

15192 E. Hampden Ave. (Hampden Villa)
Aurora, CO 80014 • 303-873-4400
Services: 10 12 14
RTD: 🚏 133, 153

Brighton

30 South 20th Ave. Suites FIG
Brighton, CO 80601 • 303-659-2335
Services: 10 14

Castle Rock

410 South Wilcox Street
Castle Rock, CO 80104 • 303-663-7650
Services: 1 2 5 6 8 10 14

Commerce City

4201 E. 72nd Avenue, Unit D
(Adams County Service Center Building)
Commerce City, CO 80022 • 303-288-6816
Services: 1 5 10 12 14
RTD: 🚏 48, 72/72W

Englewood

4857 S. Broadway
Englewood, CO 80113 • 303-761-1340
Services: 2 6 7 8 9 10 12 13 14
RTD: 🚏 0

Lone Tree

9350 Heritage Hills Circle
(Douglas County Building)
Lone Tree, CO 80124 • 303-784-7860
Services: 6 8 10 14
RTD: 🚏 403 • 🚏 Lincoln Station E, F

North Broadway: 70th/Broadway

7000 Broadway #400
Denver, CO 80221 • 303-426-5232
Services: 6 9 10 14
RTD: 🚏 6, 72

Westminster

1401 W. 122nd Ave., #200 (Park Centre)
Westminster, CO 80234 • 303-452-9547
Services: 2 6 7 8 9 10 12 14
RTD: 🚏 8, 120

Key to Services:

Note: Not all services are offered at each location.

- 1 Birth and Death Certificates
- 2 Children with Special Needs Referrals
- 3 Disease Control / Epidemiology
- 4 Emergency Preparedness and Response
- 5 Environmental Health Services
- 6 Family Planning / Birth Control/ STI Testing
- 7 HIV/STI/Hepatitis Testing and Counseling
- 8 Immunizations for Children and Adults
- 9 Medicaid Assistance and Outreach
- 10 Nutrition Services / Registered Dietitians
- 11 Occupational Health / Industrial Hygiene
- 12 Prenatal and Parenting Case Management
- 13 Senior Dental / Arapahoe County, Ages 55+
- 14 WIC Nutrition Services

About the Cover:

L-R, top to bottom: Immunizations; disease control and prevention; handwashing; Prenatal and parenting case management; birth certificates; Restaurant inspections; disease prevention; sanitation; Chronic disease screenings and referrals; tobacco prevention; emergency preparedness and response; Family planning; WIC nutrition services.



www.tchd.org

General Information: 303-220-9200



Tri-County Health Department has achieved national public health accreditation—the measurement of health department performance against a set of nationally-recognized, evidence-based standards.

Many programs have age, residency or income requirements. Some are offered for free or on a sliding-fee scale. Not all services are offered at each location. Tri-County Health Department values and welcomes people of all ages, ethnicities, genders and gender identities/expressions; sexual orientations; languages spoken; nationalities and cultures; physical, mental and developmental abilities; races; religions; and socio-economic, insurance and immigration status. Printed on recycled paper.

Birth and Death Certificates



Certified birth certificates are needed for work, passport applications and many school programs

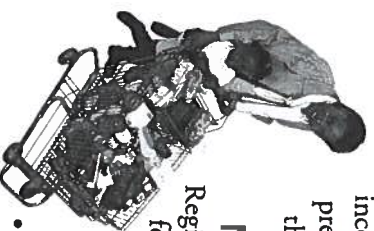
- Birth certificates are available for people born in any county in Colorado
- Death certificates are issued for deaths that occurred in any county in Colorado
- Call 720-200-1401 for information and fees, or order online at www.rchd.org

Nutrition Services

Our nutrition programs promote good food and activity choices for healthy living

WIC – Women, Infants and Children

The supplemental nutrition program provides nutritious foods, education and referrals for income-eligible women who are pregnant or breastfeeding, and their children up to age five



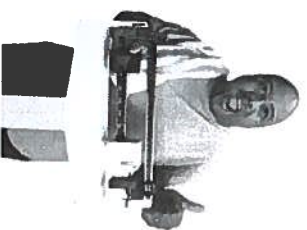
Nutrition Education

Registered Dietitians are available for nutrition presentations:

- Community organizations
- Child care staff
- Schools and health fairs
- Breastfeeding support

Health Promotion

- Obesity prevention
- Older adult fall prevention
- HIV/STI/Hepatitis testing
- Chronic disease screenings
- Injury prevention
- Worksite wellness
- Mental health
- Tobacco prevention/cessation
- Substance abuse prevention



Health Services

Our services focus on promoting good health for children and adults through clinical, preventive and health education programs

Children's Health



- Children's immunizations 303-451-0123
- Medicaid and Child Health Plan Plus (CHPP+) benefit questions 303-873-4404
- Health care referrals
- Resources for children with special healthcare needs 303-783-7139

Expectant and New Mothers

- Referrals to prenatal care and other support services
- Nurse Family Partnership 303-255-6246
- Breastfeeding education and support
- Parenting education
- Medicaid and Child Health Plan Plus benefit questions 303-873-4404



Health Care Services



- Immunizations for uninsured, Medicaid, CHP+, and most private insurance 303-451-0123
- Pregnancy testing 303-363-3018
- Birth control 303-363-3018
- HIV/STI/Hepatitis testing 303-363-3018
- Syringe access and harm reduction
- Tuberculosis (TB) screening 303-451-0123
- Dental care for Arapahoe County residents age 55 and older 303-783-7106

Environmental Health

Our environmental health programs focus on preventing communicable disease and environmental conditions that could be harmful to your health

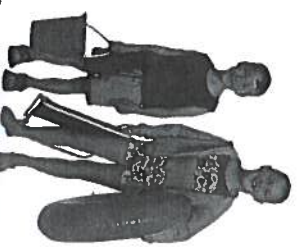
Food Safety and Education



- Inspections of almost 5,000 restaurants and food service facilities
- Inspection results available online at www.rchd.org
- Food safety training classes

Health, Education and Inspections

- Child care center inspections
- Swimming pool and spa inspections
- Occupational Health/Industrial Hygiene
- Oversight of meth lab cleanup
- Body art facility inspections
- Consumer health information
- Mosquito and rodent surveillance



Land Use and Water Quality

- Household chemical roundups
- Land use and built environment planning
- Solid and hazardous waste disposal site monitoring and spill response
- Rocky Mountain Arsenal and Lowry Landfill cleanup monitoring
- Septic system permits and inspections
- Water quality outreach and education



Annual Credit Report Request Form

You have the right to get a free copy of your credit file disclosure, commonly called a credit report, once every 12 months, from each of the nationwide consumer credit reporting companies - Equifax, Experian and TransUnion.

For instant access to your free credit report, visit www.annualcreditreport.com.

For more information on obtaining your free credit report, visit www.annualcreditreport.com or call 877-322-8228.

Use this form if you prefer to write to request your credit report from any, or all, of the nationwide consumer credit reporting companies. The following information is required to process your request. Omission of any information may delay your request.

Once complete, fold (do not staple or tape), place into a #10 envelope, affix required postage and mail to: Annual Credit Report Request Service P.O. Box 105281 Atlanta, GA 30348-5281.

Please use a Black or Blue Pen and write your responses in PRINTED CAPITAL LETTERS without touching the sides of the boxes like the examples listed below:

Grid of letters A-Z and numbers 0-9 for reference.

Social Security Number:

Grid for Social Security Number (9 boxes)

Date of Birth:

Grid for Date of Birth (3 boxes)

Month Day Year

Fold Here

Fold Here

Grid for First Name (24 boxes)

First Name

M.I.

Grid for Last Name (24 boxes)

Last Name

JR, SR, III, etc

Current Mailing Address:

Grid for Current Mailing Address (24 boxes)

House Number

Street Name

Grid for Apartment Number / Private Mailbox (10 boxes)

Apartment Number / Private Mailbox

Grid for Puerto Rico Urbanization Name (16 boxes)

For Puerto Rico Only: Print Urbanization Name

Grid for City (24 boxes)

City

State

ZipCode

Previous Mailing Address (complete only if at current mailing address for less than two years):

Grid for Previous Mailing Address (24 boxes)

House Number

Street Name

Fold Here

Fold Here

Grid for Previous Mailing Address (10 boxes)

Apartment Number / Private Mailbox

Grid for Previous Mailing Address (16 boxes)

For Puerto Rico Only: Print Urbanization Name

Grid for Previous Mailing Address (24 boxes)

City

State

ZipCode

Shade Circle Like This

Not Like This

I want a credit report from (shade each that you would like to receive):

- Equifax
Experian
TransUnion

Shade here if, for security reasons, you want your credit report to include no more than the last four digits of your Social Security Number.



If additional information is needed to process your request, the consumer credit reporting company will contact you by mail.

Your request will be processed within 15 days of receipt and then mailed to you.

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31238





REGISTER FOR A LIBRARY CARD

Experience a new kind of know with Arapahoe Libraries.

Return this application to the jail library at least a week before your release through the facility mail and a library card will be waiting in your property when you are released. Please allow 3-5 business days for the form to be processed by the library.

NAME/
BIRTHDAY _____

Last Name	First Name	Middle Initial	D.O.B. (MM/DD/YY)
-----------	------------	----------------	-------------------

CONTACT _____

Street	Apt./Unit#
City	Zip Code
()	

Phone

--	--	--	--

4 digit PIN

Email

Provide us with your email to receive notices for your account and we'll periodically send news on library events, resources and more. We promise not to share or sell your email address.

PICK A
CARD
COLOR

<input type="checkbox"/> BLUE	<input type="checkbox"/> ORANGE	<input type="checkbox"/> GREEN	<input type="checkbox"/> PURPLE	<input type="checkbox"/> TEAL	<input type="checkbox"/> RED	<input type="checkbox"/> PINK
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- SELECT A LIBRARY
- Castlewood Library (Centennial)
 - Davies Library (Deer Trail)
 - Eloise May Library (Denver)
 - Kelter Library (Byers)
 - Koelbel Library (Centennial)
 - Sheridan Library (Denver)
 - Smoky Hill Library (Centennial)
 - Southglenn Library (Centennial)

POLICY Please visit arapahoelibraries.org to learn more about borrowing guidelines, patron privacy and more.

Return this application to the jail library.

WELCOME TO ARAPAHOE LIBRARIES!

Continue your reading with Arapahoe Libraries while enjoying DVDs, CDs, streaming content and more.

Re-Entry Timeline Worksheet

This packet is designed to help you make a re-entry plan. The details below include examples of items to include in your plan and information about resources available. Attached is a worksheet on which you can draft your own plan. As you make your re-entry plan, you will need to account for needs like housing, food, medical care, transportation, and employment, as well as other areas of your life such as relationships, hobbies, and self-care. At the back, you will find more resources that are available by request and contact information for agencies that can help you address some of the needs of your plan.

Sample Re-Entry Timeline

Before Release

- Arrange for transportation, if not taking RTD
- Arrange for housing, or make a plan to find temporary housing quickly.
- Contact family to see if they can offer transportation and/or housing.
- Apply for food stamps and Medicaid, if needed
- Create a re-entry plan using the timeline and the categories in this packet. Set attainable short-term and long-term goals.
- If you are taking medication, make sure you have the information needed to get prescriptions refilled.
- Have your parole officer run a check on your record to make sure that you do not have other warrants or holds.

First 72 Hours- The first 72 hours after release are the most critical time for setting yourself up for success. Taking care of what you can before you are released can help you confidently get started on the rest of your plan in these first three days.

- Go to a community meeting of some sort (NA, AA, Faith-based, Mentoring, etc.)
- Visit a store to get basic hygiene needs, weather-appropriate clothing, and food staples. The Good Will and Salvation Army have clothing available at low-cost.
- Look into getting a cheap or prepaid cell phone, if needed.
- Review your re-entry plan and create a short-term budget.
- Register as a sex offender, if applicable.
- Take some time to decompress in a healthy way. If you have been in jail for a while, the transition can be overwhelming.

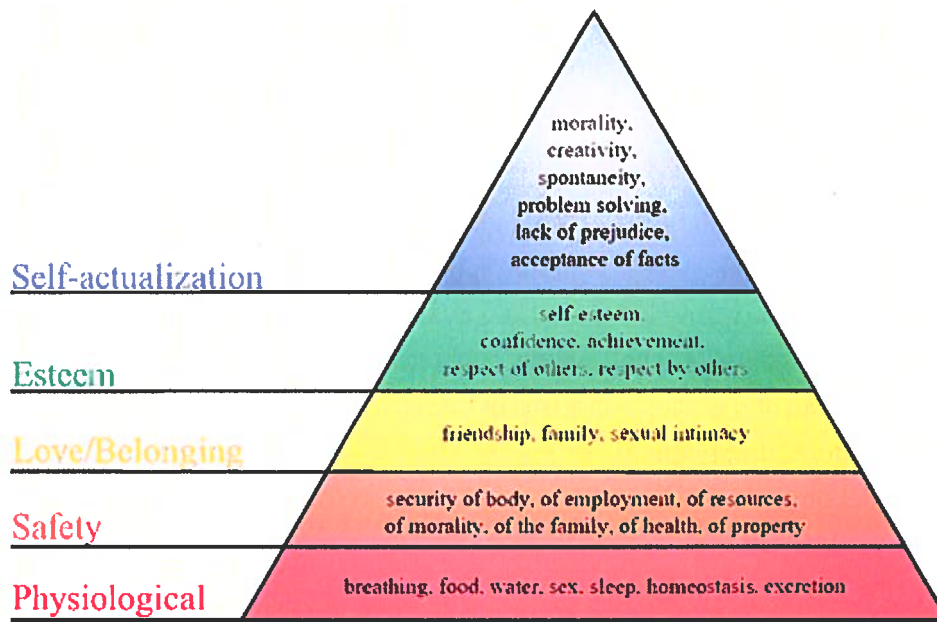
Week 1

- Take care of acquiring the identification documents you may need (see section following the timeline).
- Make a plan for going to the courthouse to address the court costs, fines, and fees you may have accumulated.
- Look into back Child Support payments if applicable and make a plan to pay them.
- Begin your job search process.
- Set up a bank account, if possible. Be aware that some places charge check cashing fees, so setting up a basic fee-free checking account can be a way to save money and help you keep your budget in order.

Week 2

- Continue your job search
- Purchase an RTD pass if reliable transportation is not already available.

Create a Re-entry Plan



Maslow's Hierarchy of Needs

The pyramid above represents human needs as categorized by psychologist Abraham Maslow. If you look at the diagram, you see that the basic needs such as food and shelter create a base on which security, friendship, self-esteem, and higher-level needs can be built. As you create your re-entry plan, think about meeting your most basic needs first. Once you have prepared for food and shelter, consider how you can establish healthy relationships with friends and family, then how you can spend your time in a way that builds your self-esteem and respect for and from others. Planning to meet your needs can help you succeed in your re-entry goals.

Getting your documents in order

The primary documents you will likely need for finding housing and employment are your birth certificate, social security card, and a state ID card or Driver's License. In order to be employed, you will need to fill out an I-9 form, which requires a U.S. passport or your Social Security card and either a driver's license, state ID, military ID, or school ID. The library can provide you with the applications for a new Social Security card (which is free), your birth certificate, and a state ID. **Some of these require a payment and/or an in-person application.**

You can get a voucher to help cover the cost of a new ID through Denver Urban Matters on Wednesdays from 9:00 am to 1:00 pm. For more information call 303-355-4896.

Setting a Budget

Creating a budget is an important step in your re-entry plan, as it can help you keep track of your financial needs vs. income and keep your spending under control. See the attached worksheet for an example of how to set a budget.

Credit Check

Some places will want to run a credit report before signing a rental agreement or a lease. Having good credit also helps with getting credit cards, auto loans, etc. down the road. You can check on your credit using the Equifax form found in the *Community Resource Packet*.

The library has books on budgeting and developing healthy credit.

Looking for a Job

Finding a job can seem like a huge challenge, especially with a complicated background and/or gaps in your employment. The good news is there are plenty of places hiring.

The jail library offers a Felon Friendly Employer packet and books on creating resumes and doing well in interviews. You can also search local listings online. Your public library offers job search resources as well. 70MillionJobs.com and hard2hire.com/ex-offenders offer job listings for places that employ ex-offenders.

When you look for a job, consider what strengths and skills you offer. Are you good with people? Are you a natural problem solver? Do you have a great work ethic? How have your life experiences made you stronger or more determined? Focus on the good things you have to offer. Do not lie about your past, but understand that you do not have to offer up information that is not asked for, and your employer does not have the right to run a background check without your permission, although some employers require one as a condition of employment.

Housing

Many people find that they are best off living with family after their release. Be clear with family or friends about the rules of their home, and the rules of your probation or parole. Setting up mutual expectations can help your transition and help maintain healthy relationships while living with someone else.

If family or other free housing is not available, a shelter or low-cost motel may be a stepping stone to more permanent housing once you find employment. You may get a better rate at a motel by paying on a weekly or monthly basis, if the funds are available.

The library has a packet on low-income housing and shelters in the Denver Metro Area.

Parole

If you are on parole, make sure you are clear on what is expected of you. Your parole officer may be able to help you with some of the aspects of your re-entry plan. Keeping up with the requirements of your parole can also help keep you on the right path and out of jail.

Social Life

A good support system can help you readjust. Try to surround yourself with individuals or a community who support you in personal changes that you are trying to make and/or who understand your experiences. This may mean letting go of friendships or relationships that are likely to land you back in trouble. Be clear with those in your life about the changes you are trying to make and the rules of your probation or parole. Doing so enables supportive friends and family to know what is expected of you and also establishes boundaries with friends and family who might not be supportive of changes you want to make. Examples of communities that may be supportive include: re-entry organizations, substance-abuse support groups, faith-based communities, or organizations focused on a common interest (wellness, hobbies, etc.). Libraries, MeetUps, and community centers all offer opportunities to meet other people with common interests.

Idle Time

While you are finding employment, you may have extra time on your hands. Idle time can lead to temptations for you when you're trying to reestablish yourself. Coming up with a plan for how you will spend your free time can help you stay out of trouble. The library offers plenty of free programs, services, and materials you can use to occupy your time. (*Send a kite to the library for an application for a library card.*) What hobbies, relationships, or self-improvement activities can you fill your time with in a way that will help you reach your other goals?

Self-Care

Re-entry can be a stressful time and taking good care of yourself can help you succeed. Make sure your re-entry plan includes planning for any medical care you need as well as a way to handle stress and your mental health.

In addition to hygiene and productive ways to spend idle time, exercise can help diffuse the re-entry stress and fill your time well. There are plenty of low-cost and free local options for exercise and active recreation, including:

- Cherry Creek Trail
- Civic Center Moves
- Unlimited Yoga (unlimitedyoga.com)
- Arapahoe Parks and Recreation (arpd.org)
- The YMCA has memberships on a sliding scale based on income.
- YouTube

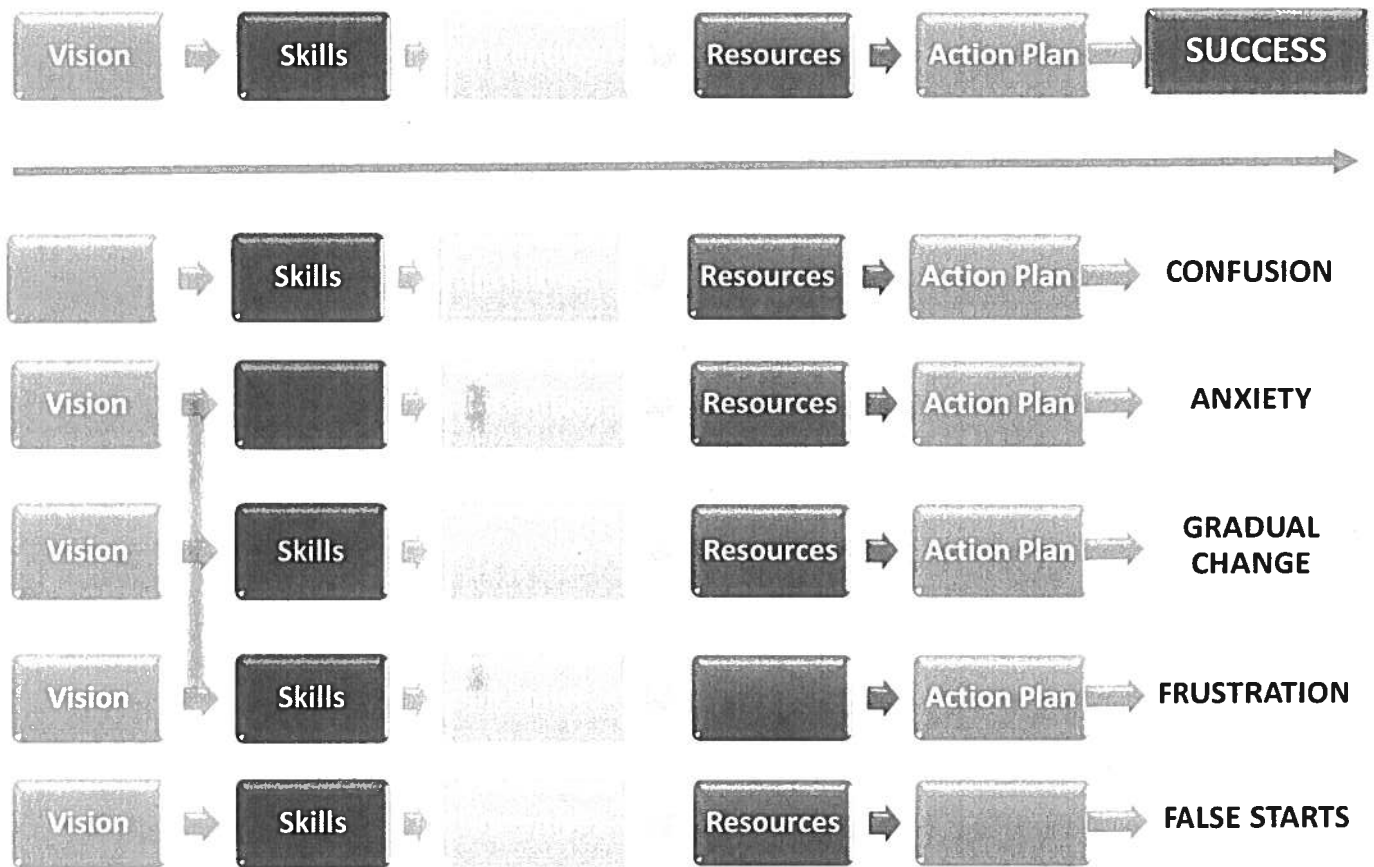
Supplemental Packets

The library has other packets that may be helpful in creating your re-entry plan. Send requests on the kiosk for those that interest you.

- Single-parent resources
- SSI and Disability Benefits
- Housing
- Substance Abuse and Mental Health Treatment Programs
- Food stamps
- NA and AA meetings
- Library Card Application
- Financial Aid for Education
- Felon-Friendly Jobs
- Forms for getting your IDs
- Child custody and support forms
- Community Resource Packet
- Driver's License Reinstatement
- Medicare/Medicaid

You can find more information on re-entry at **reemerg.com** and help finding a job at **70millionjobs.com**.

CHANGE MANAGEMENT



Adapted from Managing Complex Change Model, Ambrose 1987

_____ 's Re-Entry Plan

Release Date: _____

Before Release	Date Completed	Outcome
<i>Example: Transportation from facility to housing.</i>	11/16	<i>Aunt Jo is picking me up.</i>
Arrange for transportation		
Arrange for housing		
Contact family or support network		
Apply for food stamps and other assistance applicable		
Draft re-entry plan with short and long-term goals		

First 72 Hours	Date Completed	Outcome
Go to community meeting (NA, AA, faith-based, etc.)		
Visit a store to get basic hygiene needs, weather-appropriate clothing, and food staples.		
Create a short-term budget		

Week 1	Date Completed	Outcome
Get identification documents needed		
Visit courthouse to address court costs, etc. (if applicable)		
Look into back child support (if applicable)		
Begin job search		

Week 2	Date Completed	Outcome
Continue job search		
Purchase RTD pass, if needed		
Find long-term housing, if needed		



Make a Budget

Use this worksheet to see how much money you spend this month. Then, use this month's information to help you plan next month's budget.

Some bills are monthly and some come less often. If you have an expense that does not occur every month, put it in the "Other expenses this month" category.

MONTH _____ YEAR _____

My income this month

Income	Monthly total
Paychecks (salary after taxes, benefits, and check cashing fees)	\$
Other income (after taxes) for example: child support	\$
Total monthly income	\$ 0.00

Income

My expenses this month

	Expenses	Monthly total
HOUSING	Rent or mortgage	\$
	Renter's insurance or homeowner's insurance	\$
	Utilities (like electricity and gas)	\$
	Internet, cable, and phones	\$
	Other housing expenses (like property taxes)	\$
FOOD	Groceries and household supplies	\$
	Meals out	\$
	Other food expenses	\$
TRANSPORTATION	Public transportation and taxis	\$
	Gas for car	\$
	Parking and tolls	\$
	Car maintenance (like oil changes)	\$
	Car insurance	\$
	Car loan	\$
	Other transportation expenses	\$



Make a Budget

	Expenses	Monthly total
HEALTH	Medicine	\$
	Health insurance	\$
	Other health expenses (like doctors' appointments and eyeglasses)	\$
PERSONAL AND FAMILY	Child care	\$
	Child support	\$
	Money given or sent to family	\$
	Clothing and shoes	\$
	Laundry	\$
	Donations	\$
	Entertainment (like movies and amusement parks)	\$
Other personal or family expenses (like beauty care)	\$	
FINANCE	Fees for cashier's checks and money transfers	\$
	Prepaid cards and phone cards	\$
	Bank or credit card fees	\$
	Other fees	\$
OTHER	School costs (like supplies, tuition, student loans)	\$
	Other payments (like credit cards and savings)	\$
	Other expenses this month	\$
Total monthly expenses		\$ 0.00

Expenses

\$ 0.00
-
\$ 0.00
=
\$ 0.00

Income
Expenses

Maybe your income is more than your expenses. You have money left to save or spend.

Maybe your expenses are more than your income. Look at your budget to find expenses to cut.

Print Form