



**Colorado Crisis Services**

Free to call or text:

**1-844-493-TALK**

**Text 38255**

FREE walk-in crisis centers  
(see list on page 2)

**MENTAL HEALTH  
RESOURCES  
FREE & CONFIDENTIAL**

**Free National 988 Suicide and Crisis Lifeline**

Call 988 or 1-800-273-TALK (8255). Chat and texting this number is also available.

The 988 Suicide and Crisis Lifeline is open 24 hours a day, every day and you do NOT need to be in crisis to use these services. Specialized services are also available for veterans, LGBTQ+, and in English and Spanish. Website:

<https://988lifeline.org/>

**Colorado BlackLine**

BlackLine® provides a space for peer support, counseling, witnessing and affirming the lived experiences for Black, Indigenous, and People of Color. Call or Text 1-800-604-5841. Website: <https://www.callblackline.com/>

**Trans Lifeline**

Mental health support for transgender people, staffed by people who are themselves transgender.

Call (no text or chat available) 1-877-565-8860. Website: <http://www.translifeline.org/>

**TherapyDirect by Wellpower**

(3) free virtual sessions with a mental health care provider per year. Website: <https://www.wellpower.org/therapydirect/>

**Warmlines**

A warmline is a phone number you call to have a conversation with someone who can provide support during hard times. Warmlines is free and confidential. It is different from crisis lines or hotlines, which are more focused on keeping you safe in the moment and getting you connected to crisis resources as quickly as possible. (That doesn't mean you can't call a warmline when you're in crisis—a warmline may even be able to help you find the best place to go for crisis resources, or help you mentally prepare to seek out more formal treatment.)

Warmline provided by Rocky Mountain Crisis Partner - Warmline Directory: <https://warmline.org/warmdir.html#directory>

Call 1-844-493-8255 and then **press \*** Open 7 AM to 12 AM Mountain time every day, including holidays

**GET IN TOUCH**

Birch Street Initiative is a 501c3 organization that provides direct access to support services, job placement and advancement opportunities.

Located within CSG Office Building  
1101 W 36th Ave., Denver, CO 80211  
[Info@BirchStreet.org](mailto:Info@BirchStreet.org) | (303) 728-9539



## Free, Confidential Mental Health Crisis Walk-In Centers

Walk in and get in-person, confidential crisis support, information and referrals right when you need it most. Website: <https://coloradocrisiservices.org/>

All Colorado crisis centers are open 24/7, unless otherwise noted. This information changes frequently. confirm with the organization directly before visiting or making arrangements.

### Metro Denver Region

**Aurora**  
Anschutz Medical Campus  
2206 Victor Street Aurora, 80045  
[Get Directions](#)

**Denver**  
4353 E. Colfax Ave Denver, 80220  
[Get Directions](#)

**Littleton**  
6509 S. Sante Fe Drive Littleton,  
80120  
[Get Directions](#)

**Wheat Ridge**  
4643 Wadsworth Blvd. Wheat Ridge,  
80033  
[Get Directions](#)

**Boulder**  
3180 Airport Road Boulder, 80301  
[Get Directions](#)

### Northeast Region

**Greeley**  
928 12th Street Greeley, 80631  
[Get Directions](#)

### Western Slope Region

**Montrose**  
300 N Cascade Ave. Montrose, 81401  
[Get Directions](#)

### Southeast Region

**Colorado Springs**  
115 S Parkside Drive Colorado Springs,  
80910  
[Get Directions](#)

**Pueblo**  
1310 Chinook Lane Pueblo, 81001  
[Get Directions](#)



**BIRCH STREET  
INITIATIVE**  
Supportive Resources Center

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